

Welcome to Kampala's Official Tourist Guide. With itineraries and listings on everything from hotels and venues to attractions and restaurants, it's full of handy information to help you plan any kind of trip to Kampala and hold successful events and finding your way through the city.

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ED Remarks

Welcome to Kampala



Bragging about Kampala's hospitality, opportunities, sights and sounds to visitors is one of my most cherished responsibilities as ED. I am regularly inspired by the city's hospitality and tranquil weather all year round.

Long considered as the city of Seven Hills, Kampala is perhaps the most alluring city in the region. The city's reputation has soared recently because of its events and attractions. The intimate pleasures of Kampala include; Uganda's cultural and natural diversity- the city is right in the center of Buganda, the largest kingdom in Uganda and with significant historical, social and cultural elements and features that will interest any visitor.

Our city boasts of unrivalled appeal as it nestles at the northern shores of L. Victoria. It enjoys a cool and fresh breeze from the

long considered

as the city of

Seven Hills, Kampala

is perhaps the most

lake as well as warm tropical temperatures all year round.

We are delighted to showcase all that this great destination has to offer in the 2017/18, the Kampala Tourism Guide provides you with both inspiration and information for spending your time with us.

make doing business in Kampala region a seamless experience.

alluring city in the Kampala is not a sophisticated city but with fun and enlightening things happening around every corner. region Whether you're travelling with family or having a couples' weekend, you're a sports fan or a spa goer, we've got you covered. Business travellers will find amenities such as a wide range of hotels, restaurants, event facilities and transportation options that

You can plan your visit down to the minute using this guide, find ethnic enclaves with the delicious food and fascinating culture that goes with them. More than 2.5 million people are in Kampala every day and we're all here to welcome you and make your visit one you'll remember for a long time to come.

Kampala Capital City Authority





Kampala is the capital of Uganda and the largest city in the country, it gets its name from Impala (Aepyceros melampus) a medium-sized African antelope that used to roam the jungles where Kampala seats today. Located just 40 Km from Entebbe International Airport, Kampala will amaze you with its beauty, culture and hospitality before you venture the rest of the country.

SO MUCH TO EXCITE AND ENJOY

In Kampala there is always something to see and do, whether you or your client is a first-time visitor or has been here many times. There is a museum and galleries (with less than a dollar entry fee), 4 theatres, numerous bars and clubs, and two World Heritage Sites (Kasubi Tombs and Namugongo Martyrs Shrine). Iconic landmarks and events spaces include the independence Monument and Kololo Jubilee square.

WORLD-CLASS CULTURAL LIFE

Kampala is recognised as a regional-leading centre of talent and creativity, with an everchanging variety of events, plus vibrant fashion and shopping, nightlife and cultural scenes. Kampala is easily accessible (more than 10 countries are within a three-hour flight), with options to suit any budget, from free attractions to luxury shopping, and wide choice of meeting venues and expert event services, making it the ideal destination for leisure

and business visitors. Hosting some of the regional sporting events, it has showcased the city's extensive leisure and event capabilities.

Please use this Kampala Official Guide 2017 to help you or your clients enjoy the best of Kampala's accommodation, dining, attractions and shopping, and to plan successful and memorable events in the capital.

We are waiting on you so that we can make your memories in Africa last a lifetime.





Kampala

Itineraries/ Tours

ampala offers something for everyone, whether your clients' passions are exciting attractions, music, history, sports or food. The meeting and events itineraries also contain suggestions for accommodation, venues, dining and after-meeting activities. You will not find problems enjoying your stay in Kampala. As much as Kampala is Uganda's main Business district, there many Kampala attractions which you could enjoy during your visit to the city.

This tour takes you sightseeing in Uganda's capital city including a visit to the Uganda Museum, National Theatre and Craft Centre, Owino market, Kasumbi Tombs, Kabakas Lake, Kibuli Mosque, the Bahai Temple, Namirembe Cathedral, Makerere University and other areas of cultural interest.

Highlights of Kampala City tour for your adventure.



AFTER DARK

Kampala can be fun, with a variety of theme bars, casinos and night clubs all offering Ugandan and international entertainment, check out:

- Kabalagala
- Industrial Area clubs and Kampala road
- **Casinos**
- **Garden City**





HAVE AND EAT AUTHENTIC UGANDAN FOOD

When in Uganda try to Eat Ugandan from some of the local restaurants like:

- Baguma Restaurant
- Kembabazi catering center
- Nomo gallery
- Nalongo Entebbe road
- House of Olel

All the other international cuisines can also be easily found in the city. See restaurant quide inside.



LAKE VICTORIA ACTIVITY

You can relax, have a boat cruise (day and sunset) have fun from the numerous resorts Kampala shore line of Lake Victoria. See

- **Speak Resort Munyonyo**
- Gabba beach Hotel
- Common wealth resort Munyonyo
- Miami Beach
- KK beach resort
- **Mulungi Kabaka's Recreation** Center



CITY WALKS

You can easily explore Kampala on foot, starting your early morning or evening walk from Parliamentary avenue sampling interesting areas like;

- Parliament of Uganda
- The National Theatre and Craft village
- Independence monument
- City square green park and monument
- City Hall and its legendary view tower
- **CHOGM** monument
- **Railway station**
- **Clock tower**
- St Balikudembe
- Nakasero market
- Kololo airstrip
- Centenary park and monuments
- Shopping areas
- Golf course



CULTURAL TRAIL

or all the cultural enthusiasts will find this trail fascinating as you will discover and hear stories from;

- Naggalabi Buddo for coronation site and stories
- Kateleke Prison ditch
- **Wamala Tombs**
- Kasubi tombs
- Kanyenge and Bagalayaze
- **Bulange Royal Palace and Buganda Parliament**
- Kabaka's Lake (largest man-made lake in the region)

The trail also feature a Uganda cultural monologue of music, dance and a variety story telling for different cultures in the country at Ndere Troup recreation center.



place and you will find all religious domains represented

- Bahai temple
- Namirembe cathedral
- Kibuli mosaue
- Gaddaffi mosque
- Lubaga cathedral
- Christ the king church
- Namugongo shrine

Also you will be surprised to find, ask your guide for more information Orthodox church, The Jews church, Jesus Mormons, Suiki temple and Hindu





OUR PAST/MUSEUMS

- Fort Lugard
- **Makerere University**
- Uganda Museum





Uganda is home to 22 martyrs who were killed for converting to Christianity in 1886, follow the trail of the 22 with sites commemorating the events of 3 June 1886 and know the story of their execution starting with a martyrs service at Namugongo Martyr's shrine and to other sites like:

- St Matia mulumba
- Lubaga cathedral
- St Balikudembe
- Munyonyo martyrs site
- Saalama road monument
- Gozanga monument
- Mukajanga grave
- Busega protestant church
- Alexander Mackays (Makaayi) church
- Namirembe cathedral
- Ndeeba monument



Do's & Don'ts in Kampala



DO'S

- DO always bargain in the markets and craft shops
- DOwear a helmet when using a Boda Boda (motorcycle)
- DO only drive when sober
- DO try to learn some Luganda phrases the locals will be delighted and happy to help you if you need something.
- DO start a conversation with a stranger with a greeting.
- DO keep an eye on your belongings, else you could find yourself without them in a short while.
- DO try to walk as much as possible this way, you will discover Kampala's true charm.



DONT'S

- DO NOT buy from street vendors (people selling from non-authorised places)
- DO NOT walk on the grass- we endeavour to keep
 Kampala ever green
- DO NOT litter always look out for disposable trash bin
- DO NOT pay to enter public parks
- DO NOT pay for public toilets in the city
- DO NOT play loud music
- DO NOT hoot unnecessarily
- DO NOT offer street beggars any gifts and money
- DO NOT park on pavements in the city
- DO NOT smoke in public
- DO NOT move in dark and isolated corners at night.
- DO NOT attempt to be the second passenger on an Boda Boda (motorcycle)
- DO NOT try to explore Kampala by car you will save yourself much trouble.
 - DO NOT expect the upscale fashion products to be cheap.
 - DO NOT follow the tourists while exploring the famous sights – instead, go in the opposite direction and avoid the crowds.
 - DO NOT dine near the tourist attractions; you can get better deals (and food) elsewhere.

Useful Information

Essentials



Emergency Services

As in all major cities, visitors should be aware of their personal safety. To avoid pick-pocketing, keep bags closed and never leave them unattended. For serious emergencies, call police, ambulance

Ambulance:

call +256 772 217218 / +256 772 349990

Police: call 112/999





Health

Do not drink water that has not been boiled.
Use bottled water which is available.





Safety

Kampala is generally a saf place.

As in all world cities, beware of petty theft. It is always advisable to use the safe box in your hotel.



Tipping

You won't be expected to tip in Uganda. Bargaining is the norm when buying things from a market, street stall or craft shop, but giving a tip is recommended for good service in restaurants and hotels. Tour guides and taxi drivers will also happily accept tips.



Medical Services

Mulago Hospital Mengo Hosipital *Also see list of hospital*



OTHER HOSPITALS

LUBAGA HOSPITAL LUBAGA

P.O. Box 14130 Kampala, Uganda Tel: 256 414 270203/4, 256 312 234800 Email: info@lubagahospital.org Web site: www.lubagahospital.org

KIBULI HOSPITAL KIBULI HILL

Makindye Division-Kampala P.O.Box 24548, Kampala General Hospital Line: +256-414 236476 / 7 Medical Director: +256-772 425485 Customer Care: +256-702 542719 Email: info@ kibulimuslimhospital.com Website: www. kibulimuslimhospital.com

ACACIA HEALTH CENTRE

Kololo, Kampala Tel: (031) 2261319 / (041) 4342283 Email: info@aar.co.ug Website: www.aarhealth.com

INTERNATIONAL HOSPITAL KAMPALA (IHK)

7 Wampewo Avenue, Kololo, Kampala Tel: (031) 3200401

INTERNATIONAL MEDICAL CENTRE

(Dr. I. Clarke) (IHK), Namuwongo, Kampala 24 Hr Emergency Service, Tel: (031) 2200400

KAMPALA CHILDREN'S HOSPITAL LTD

833 Rubaga Kabusu, Kampala Mobile: +256 772 308110 Email: kampalachildrenshospital@ gmail.com

KOLOLO HOSPITAL LIMITED

16 Kawalya-Kaggwa Close, Kololo, Kampala Tel: (031) 2264702 Mobile: +256 706 264702 / +256 758 264702 Fax: (031) 2261545

NAKASERO HOSPITAL

14A Akii-Bua Road, Nakasero, Kampala Tel: (041) 4346150/2 / (031) 2346150/2 / (041) 4346154 Email: Info@nhl.co.ug Website: www. nakaserohospital.com

PARAGON HOSPITAL

6B/7B, Luthuli Close, Bugolobi, Kampala Tel: (041) 4220026/28 Mobile: +256 759 061519 / +256 754 591938 Email: paragonhospitaladmin@ gmail.com / marketing@ paragonhospital.org



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AMBULANCE SERVICES



RESCUE MEDICAL SERVICES Mobile: +256 772 217218 / +256 772 349990 Email: rmsuganda@gmail. com

THE SURGERY
2 Acacia Avenue,
Kololo, Kampala
Tel: (041) 4256003
Mobile: +256 772 256003
24 Hrs Emergency Service,
Mobile: +256 752 756003 A
+256 772 756003
Ambulance Service
Mobile: +256 752 756004
Email: Stockley@
thesurgeryuganda.om
Website: www.

UGANDA AMBULANCE

Mobile: +256 782 556878 Pager: 0660 266052 Emergency: +256 712 112999 Email: ugambula@yahoo.

KCCA AMBULANCE SERVICES +256794661186 +256794661081

OTHER IMPORTANT CONTACTS

UGANDA HOTEL OWNERS' ASSOCIATION

Tel: +256 (0)414 345 601 Fax: +256 (0)414 232 675 Email:uhoa@hotelafricana.com or hotelownersassociation@ yahoo.com

ASSOCIATION OF UGANDA TOUR OPERATORS

Plot 14, York Terrace Kololo -P.O. Box 73371, Kampala, Uganda Tel: +256 (0)41 454 2599, Mobile +256 (0)775 331077,

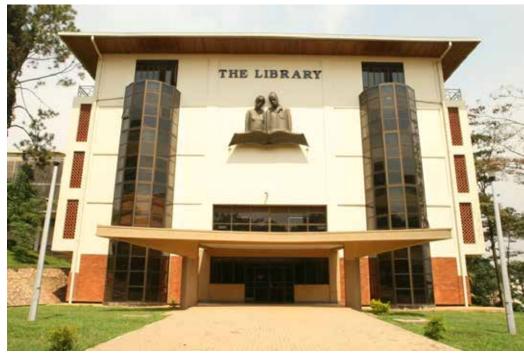
AIRPORT SHUTTLE SERVICE

Maroon Transport Co, 18A Buganda Road, near Hotel Triangle, Mobile: +256 782 842856/ +256 774 445388 Email: beauty@infocom.co.ug

UGANDA TOURISM BOARD

42 Windsor Crescent, Kololo, Kampala Tel: (041) 4342196/7 Email: utb@starcom.co.ug Website: www.visituganda.com





LIBRARIES

The following are the public libraries located in strategic areas of Kampala. Some can also act as information centers for tourist.

KCCA LIBRARY SERVICES

Kampala Capital City Authority Plot 1-3, Apollo Kaggwa Road P.O. Box 7010, Kampala E-Mail: library@kcca.go.ug

NATIONAL LIBRARY OF UGANDA

Plot 50, Buganda Road P.O. Box 4262, Kampala Tel: +256-414-254661/233633

AMERICAN RESOURCE & PUBLIC LIBRARY

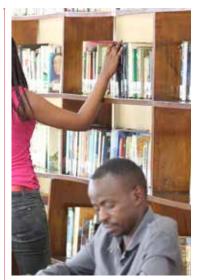
US Embassy Kampala Plot 577, Ggaba Road P.O. Box 7007, Kampala Tel: +256-414-259791/5 E-Mail: KampalalIRC@state.gov

MAKERERE UNIVERSITY LIBRARY SERVICES

Makerere University P.O. Box 7062, Kampala Tel: +256-414-533735 Email: universitylibrarian@ mulib.mak.ac.ug

DEPARTMENT OF LIBRARY SERVICES

Parliament of Uganda Plot 16-18, Parliament Avenue P.O. Box 7178, Kampala Tel: +256-414-377241/377242



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MONEY

The Uganda Shillings is the official currency used and issued as 1,000, 2,000, 5,000, 10,000, 20,000 and 50,000 notes. The shilling breaks down into 50, 100, 200 and 1000 coins. Change can be hard to find 50.000 notes.

MONEY TRANSACTIONS

There is a wide array of banks and forex (foreign currency exchange) bureau's to choose from, with several international banks represented (Barclays, Standard Chartered, Stanbic). The US dollar and the pound sterling are the strongest currencies used in Uganda and are the easiest to exchange. US dollar notes dated prior to 1997 are turned away, we recommend if you are using US\$ to bring notes issued not earlier than 2000. Also, notes smaller than US\$50 attract a far lower exchange rate.

All forex bureau's take cash – so please look around for the best

exchange rate. We suggest you bring cash and/or credit cards with you as opposed to traveler's cheques, as the exchange rate (on traveler's cheques) is much

You can change money on your way in at the airport, because it is convenient, however, be aware that the airport is currently not as competitive as forex bureau's in Kampala. Try to have all your cash needs arranged before leaving Kampala if you can.

CREDIT CARDS

Despite what some guidebooks claim, credit cards are not widely accepted and where they can be used, mainly with the larger hotels and companies, hefty surcharges are common. Barclays Bank (open Mon-Fri, 9.00 am - 3.00 pm), however, offers cash advances against credit cards with a small surcharge.

With Visa cards you can withdraw money in at least one

ATM in Kampala's Garden City shopping mall. With MasterCard cards you can withdraw money in Barclay Bank's main office, opposite the main post office in Kampala. There are also many other ATM points around the city. Information can be obtained from the bank branches. American express cards are not accepted.

TIME

Kampala is two hours behind Australian Eastern Standard Time, eight hours ahead of Greenwich Mean Time, 16 hours ahead of US Pacific Time and 13 hours ahead of US Eastern Standard Time. This means that, if it 12 noon in Kampala, it is 2pm in Sydney; 4am in London; and 11pm the previous day in New York. Kampala time is East African Time.





Local SIM cards are easily available and are offered as you arrive at Entebbe International Airport. You will be required to register with the telecom company for your safety.

UGANDA POST **OFFICE**

The postal system is efficient. Use envelopes of an approved

CLIMATE

Located astride the equator Uganda enjoys tropical climate. Kampala is usually sunny most of the year, with temperatures rarely rising above 29oC. The heavy rainy season is March-May, light rainy season November-December; June is usually dry, but showers can still be expected. Kampala can generally be visited all year round.

UGANDA VISAS

All visitors who need a visa to Uganda can obtain them at Uganda missions abroad or on arrival at the country's exit /entry stations. Check if you require an entry visa.

A Single entry visa is valid for three months from the date of issue and costs £25 (in the UK) or \$50, a six-month multiple entry visa costs £65 (sixty five pounds). Other categories of multiple entry visas (12 months, 24 months & 36 months) can be applied for at the Ministry of Internal Affairs, Kampala. Information on these other categories can be got on the Ministry of Internal Affairs' website: www.mia.go.ug.

CUSTOMS AND QUARANTINE

A customs form must be completed on arrival. Prohibited items include Cash over a stated value

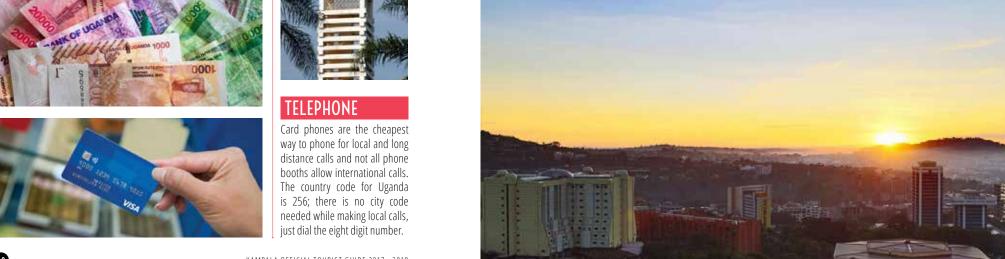
must be declared. If you purchase antiques in Uganda, you don't need to obtain a certificate of authenticity to allow it to be exported.

DEPARTURE TAX

Departure taxes are included on the cost of the ticking during the time of issuing, only to international passengers who intend to come to Uganda, it's always good to check with your travel Agency while issuing your

LANGUAGE

The official language in Uganda is English. Luganda and Swahili are also widely spoken in the city. Though many Ugandans do not speak Swahili at all, it is a common African trade language. Dozens of African languages are spoken in Kampala, the most common being Luganda.



FEATURES

ELECTRICITY

The voltage is 220/240 volts. British-style plugs with three pins are used.

BUSINESS HOURS

Government offices are open from 08:00hrs to 17:00hrs, Monday to Friday, closing for lunch from 13:00hrs to 14:00hrs. Bank hours vary from bank to bank but most are open from 08:30hrs — 14:30hrs Monday to Friday. Only some are open on Saturdays.

Shops are generally open from 08:00hrs to 19:00hrs, Monday to Friday and 08h00 to 13:00hrs on Saturdays.

INTERNET

Most hotels have Internet and Internet cafes are easily found, many coffee shops have wireless internet. Kampala is at saturation point in the number of internet cafes open to the public which has driven surfing rates cheap.

FOOD AND DRINK

Uganda with its agricultural resources, combined with the conducive climate, produces a wide range of food products. Bananas, millet, maize, sorghum, rice, wheat, sweet potatoes, Irish potatoes and cassava grow in abundance. Fruits and other vegetables are also plentiful - watermelon, passion fruits, pineapples, mangoes, tomatoes, aubergine, green peppers. These can be bought from roadside stalls, Nakasero Market and the many shopping malls in the city.

Tea and coffee is readily available almost everywhere and the latest craze is coffee houses or cafes. Soda (Coke, Fanta, Sprite, bitter lemon, etc) are sold by the (glass) bottle, which are returnable and recycled. Local beer (lagers only) are as good as any international beer and there are many to choose from — Bell, Club, ESB, Pilsner, Nile Special, Eagle, Castle, Guinness (all brewed in Uganda).

NEWSPAPERS

The New Vision, Daily monitor are printed on a daily basis. They have more useful visitor information over the weekend.

HOLIDAYS

Being in the heart of Africa, it is interesting that many of the festivals and holidays celebrated in Uganda are of Christian roots. Although the British have had a major impact on the country, certain celebrations have survived from pre-European times.

Holidays such as Christmas and Easter are celebrated throughout Uganda, and are considered public holidays. The end of December can be an interesting time to visit the country, as Christmas and New year's carry a different flair in Uganda. Below are the official calendar holidays of the year.

January

1st New year's day 26th NRM Day

March

8th International Women's Day

May

1st Labour Day

June

3rd Martyrs Day 9th National Heroes' Day

October

9th Independence Day

December

25th Christmas Day, 26th Boxing Day

RELIGIOUS SERVICES

Christians/ Pentecostal

MIRACLE CENTRE RUBAGA WATOTO CHURCH Kampala Road

Protestant

NAMIREMEBE CATHEDRAL

All Saints Cathedral, Plot 1-4 & 6 Akii Bua Road, Nakasero Hill, Kampala Tel: (041) 4342128 Email: info@allsaintskampala.org. Website: www. allsaintskampala.org

ST PAUL'S CATHEDRAL.

Namirembe, Kampala. Tel: (041) 4270212.

Muslim

OLD KAMPALA/ GADAFI MOSQUE KIBULI MOSOUE

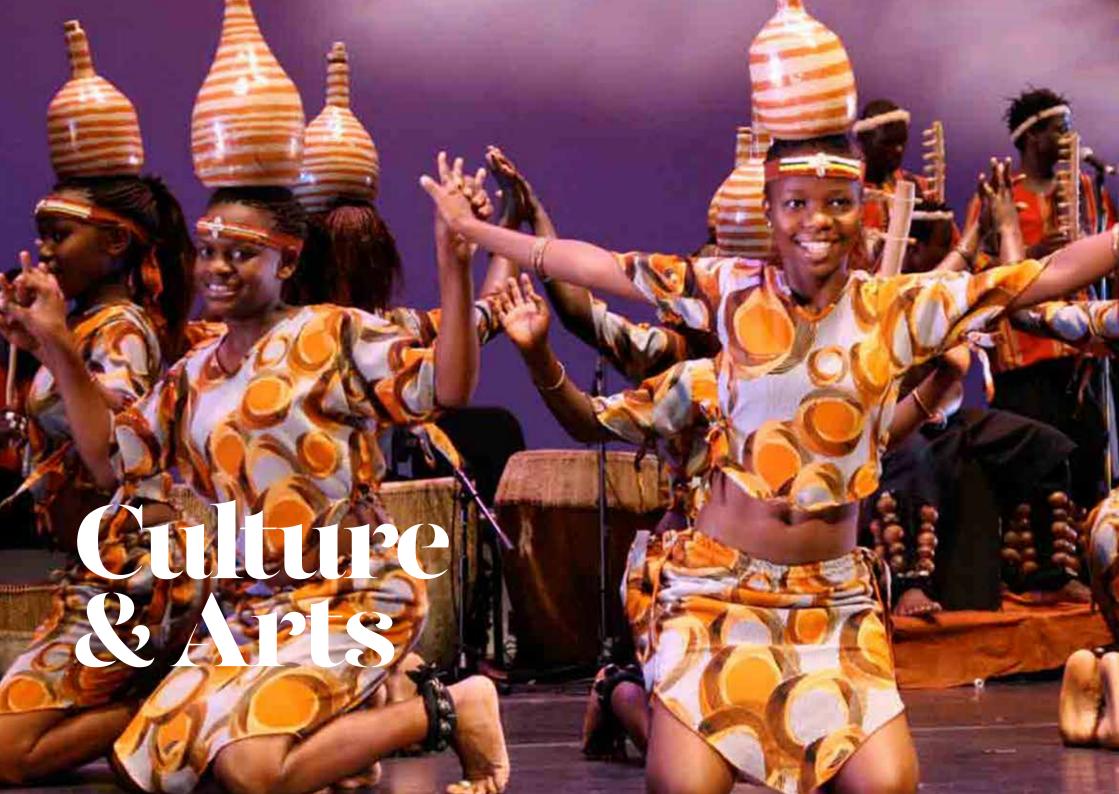
Roman Catholic

RUGABA CATHEDRAL NAMUGOGO MARTYRS' SHRINE





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CULTURE

Kampala can be considered the centre of Uganda's culture. It is home National museum, theatres, architectural monuments and universities.

The cuisine in Kampala has been influenced by cooking techniques from all over world. However, few Kampala restaurants do feature some dishes that are unique or characteristic of Uganda. Also famous is the Rolex, which is a mixture of fried eggs, tomatoes, cabbages and sometimes meet, all wrapped in fried dough commonly known as Chapati, this is sold on roadside stalls.

Kampala is also the center of the Ugandan art scene. There are a number of galleries exhibiting the work of modern and contemporary artists.

Famous traditional crafts markets are in the city offer you a wide range of African crafts. These range from metal works, hand-carvings, and paintings to mention.

HISTORY OF KAMPALA IN A NUTSHELL

Initially Mutesa I, the Kabaka (King) of Buganda, had chosen the area that was to become Kampala as one of his favorite hunting grounds. The area was made up of hills and wetlands. It was an ideal breeding ground for various wild animals, particularly a species of antelope, and the impala, in whose name the city was named Kampala (the area of Impalas). The city grew as the capital of

the Buganda kingdom, from which several buildings survive, including the Kasubi Tombs (built in 1881), the Lubiri Palace, the Buganda Parliament and the Buganda Court of Justice. Severely damaged in the Uganda-Tanzania War, the city has since then been rebuilt with constructions of new buildings including hotels, banks, shopping malls, educational institutions, hospitals and improvement of war torn

buildings and infrastructure.

Traditionally, Kampala was a city of seven hills, but over time it has come to have a lot more. Kampala was initially built on seven hills, although this is now the city has spread

over several hills and villages beyond Kampala boundaries. The earliest hills included;

- Kasubi Hill, this is home to Kasubi Tombs where the decade's kings of Buganda are buried.
- 2. Mengo Hill where the present Lubiri (Kabaka's Palace) is and the Headquarters of the Buganda Court of Justice and of the Lukiiko, Bugand's Parliament (Bulange).
- 3. Kibuli Hill, which is home to the Kibuli Mosque. Islam was brought to Uganda before the Christian missionaries came.
- 4. Namirembe Hill, home to the Namirembe Anglican Cathedral. The Protestants were the first of the Christian Missions to arrive.
- 5. Lubaga Hill, where the Rubaga Catholic Cathedral is, and was the headquarters of the White Fathers.
- 6. Nsambya Hill, was the Headquarters of the Mill Hill Mission. It now houses Nsambya Hospital.
- 7. Kampala Hill, '(also known as Old Kampala), the hill of the Impala is where the ruins of Lugard's Fort are. Its also the seat of one of Africa's biggest mosque. This hill is where Kampala got its name.

The city has now spread to cover many hills including Nakasero Hill, Tank Hill, Mulago Hill is the site of Mulago Hospital, the rgest hospital in Uganda.

GETTING ABOUT BUS /COACHES

Several bus companies offer direct lines between Kampala and neighbouring countries have stations in the city. A night bus from Kampala could start at 16:00hrs to arrive at 06:00hrs in Nairobi.

Uganda has decent bus system. There are two classes of buses. The "matatu taxis" are actually minibuses or commuter vans which run fixed routes. Then there are the real buses which run less frequently, usually leaving Kampala early in the morning. There are many companies which almost all leave from the same general area. Domestic bus travel is reasonable and cheap between major centers, and is a good choice for backpackers with time, but may not run reliably on schedule.

Note that both buses and "taxis" do not run on fixed schedules; rather, they leave their terminus stop when they are completely full. On heavily-travelled routes they fill up within minutes and

this is not a problem, but on lesstravelled routes (or if getting on a large bus), be prepared to wait a while before departure.

TAXI

The best way to get around Kampala city and the neighbouring towns is by using minibus-type taxis called matatus. This is the most efficient and cost-effective method of transportation in urban areas, but try not to get ripped off by the conductors as they sometimes try to overcharge tourists. The Matatus are crowded, cheap, frequent, and make lots of stops.

They run along fixed routes, picking up and dropping off people on allocated stages along the route. If you want to get on, stand at the side of the road and wave your arm. To get off, say "stage" and the driver will pull over and let you off. They're not marked with destinations, so you'll have to listen to the destinations that the drivers are yelling out the window or in the designated taxi parks in the City.

If you're not sure where to catch a taxi going to your destination, just ask a nearby driver or conductor, and they'll probably be able to point you in the right direction. Taxis, called special hire taxis, are available in the city. Fares are negotiable over long distances.

CAR

The roads in Kampala are good. When planning to move around Kampala it is best not to ask how far it is but to ask how long it will take. Local drivers normally have a good idea of how long journeys will take. There saloon vehicle hire companies in the city. This will cost upwards of US\$50.00 per day (not including fuel).

BODA BODA

In Kampala, the boda-boda is a good way to get from place to place. These are small motorcycles or scooters with cushions on the back and are cheap transport as used by locals. You will definitely wish to try them.













The National Theatre also know as Uganda National Cultural Center was established by an act of Parliament of 1959 amended in 1965.This Kampala attraction has two major components namely the National Theatre In 1952 a delegation of Theatre enthusiastic had an audience with Sir Andrew Cohen- then Governor and persuaded him to set up the first committee to investigate the feasibility and desirability of building a centre for annual festival of the then existing groups. This committee came out with a report and recommendations that a Hall with a seating capacity of sixty be built, but after further

consultations with drama lovers the number was increased to 460.

THEATRE LABONITA

This is probably the best theatre in the country. Its interior and facilities that have been installed give you the desired comfort and surpass many people's expectations. It houses Cafe la Bonita and you can enjoy a sumptious snack with great coffee and a beer in the bar. The theatre hosts a number of acts from Comedy nights, music shows and plays. You can find authentic Ugandan dishes in the spectrum restaurant also housed in the theatre.

BAT VALLEY THEATRE

Located on, Bombo Road Kampala, this is the home of many local groups like Afritalent that stage plays on weekends and public holidays.

THEATRE FACTORY LTD

2nd Floor National Theatre Building, Suites SO5 & S06, Kampala Tel: (031) 2283168 Mobile: +256 752 630681 / +256 752 841567 (24 Hours) Email: theatrefactoryug@yahoo.

CLUB HOUSE

Zone 7, M72 Old Kireka (Kinawataka), Mbuya Road, Mbuya, Kampala Tel: (031) 2108131 Mobile: +256 712 636755 / +256 701 406557 Email: info@zone7.co.ug Website: www.zone7.co.ug







COFFEE SHOPS

1000 CUPS

8 Buganda Road, Kampala Mobile: +256 772 505619 / +256 782 544313 Email: coffeestm@hotmail.com Website: www.1000cupscoffee.com

CAFE JAVAS

Kampala Road Tel: 256-393-106502, +256 392-177284 Email: info@cafejavas.co.ug Website: www.cafejavas.co.ug

CAFÉ KAWA MUYENGA

Tank Hill Road, Muyenga Tel: +256 703 700776 Email: KafeCawaMuyenga@ gmail.com. Website: www.facebook.com/ CafeKawa

CAFE PAP

13 Parliament Avenue, Kampala Tel: (041) 4254570 Mobile: +256 712 652443 Email: cafepap@infocom.co.ug

COFFEE AT LAST

Unit H1 (opposite the ARA), Mobutu Road, Makindye, Kampala Tel: +256 704 263333 Mobile: +256 772 524787 / +256 702 524787 Email: shop@coffeeug.com

ENDIRO COFFEE

23B Cooper Road, Kisementi, Kampala Tel: (031) 2515322 Mobile: +256 772 382620 / +256 787 446904 Website: www.endirocofee.com

JAVA HOUSE

Lugogo, Uganda Shell Service Station Lugogo By-Pass Tel: +256 751 933 760 Grand Imperial, Uganda Shimoni Road Tel: +256 702 722 537 Acacia Place, Uganda Acacia Avenue Tel: +256 702 722 653 Village Mall, Uganda Spring Road Tel: +256 754 870 870 Web: www.javahouseafrica.com

LE PATISSERIE

12721 Ggaba Road, Nsambya, Kampala

PANORAMA COFFEE SHOP

9th Floor Workers House, Pilkington Road, Kampala Tel: (031) 2262444 Mobile: +256 772 848777

PARKSQUARE CAFÉ

(Sheraton Kampala Hotel), Ternan Avenue, Nakasero, Tel: (041) 4420000 Fax: (041) 4342357 Email: reservation.kampala@ sheraton.com

PIATO

20 Lumumba Avenue, Nakasero, Kampala Tel: (031) 2516388 Mobile: +256 774 348198 Email: info@piatokampala.com

ROCKS & ROSES TEA ROOM

2 Acacia Avenue, Kololo, Kampala Mobile: +256 752 445 257

SOHO CAFÉ & GRILL

Course View Towers, Yusuf Lule Road, Nakasero, Kampala Tel: (039) 2964011 Website: www.sohocafe.co.ug

THE BISTRO

15 Cooper Road, Kisementi, Kampala Mobile: +256 757 247876

GOOD AFRICAN COFFEE

Lugogo Mall Tel: (+256)414 576007 Website www.goodafrican.com

VICTORIA CAFÉ

1-13 Jinja Road Victoria Towers, Kampala Tel: +256 756 199771

CAFE MOCCA

Said Barre Rd, Kampala Phone: +256 773 452680

SIMBA CAFÉ

Lugogo mall, Kampala Tel: +256 800 122222

AMAGARA CAFE BISTRO

Restaurant, Kampala, Colville Street, Kampala Tel; +256 777 022905

CAFESSERIE

Ground Floor, Acacia Mall Kololo, Kampala Tel: +256.787.968.080 Website: cafesserie.com

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Ugandans enjoy going out and going out they do. The Bars stay open until morning and the party continues all over Kampala. There is a party somewhere in Kampala and I am sure you will find it, just follow the music. Nightlife is relatively safe because of bouncers in the bars and clubs and Ugandans for the most part are simply friendly and hospitable. A body search takes place when entering most night spots.

The major area in Kampala with develop true bar scene are Kololo, Kabalagala Industrial area, Ntinda Kampala road. There is always a new bar opening featuring a wide range of themes in the city.

Here are some places where foreigners and affluent locals frequent when going out at night.









Lake Victoria Serena Resort pub patrons

BARS

BAMBOO NEST BAR & RESTAURANT Old Port Bell Road. Bugolobi, Kampala Tel: (041) 4222741 Mobile: +256 752 405614

BUBBLES O'LEARY (IRISH PUB)

19 Acacia Avenue. Kololo, Kampala Tel: (031) 2263815 Email: bubblesoleary@dmail.ug

CAPITAL PUB Off Ggaba Road, Kabalagala, Tel: (041) 4269676

CASABLANCA PUB & **RESTAURANT**

Plot 26 Acacia Avenue, Kololo Mobile: +256 782 748840 Email: thespace2008@yahoo. com

CAYENNE RESTAURANT & LOUNGE

Kira Road (next to Kabira Country Club), Bukoto, Kampala Mobile: +256 792 200555

EOUATOR BAR

(Sheraton Kampala Hotel) Ternan Avenue, Nakasero Tel: (041) 4420000 Fax: (041) 4342357 Email: reservation.kampala@ sheraton.com

FAZE2

10 Nakasero Road. Nakasero, Kampala Tel: (039) 2700815 Mobile: +256 772 345808

LOTUS MEXICANA 16 Ssezibwa Road, Nakasero Hill. Nakasero, Kampala Tel: (041) 4669555

MAMMAMIA RESTAURANT

Speke Hotel, Nile Avenue, Kampala Tel: (041) 4346340 Mobile: +256 772 630211

OBAMA'S KABALAGALA

142 Ggaba Road (Opposite Bell Depot), Kabalagala, Kampala Mobile: +256 772 603723 / +256 715 292390 Email: rugiirwa@hotmail.com

OLIVE GARDEN

1-3 Luthuli Close. Bugolobi, Kampala Tel: (041) 4222364 / (041) 4505368 Email: olivegarden.hotel.yahoo. Website: www.olivegardens.biz

PALM CAFE' PIZZERIA AND BAR

Muyenga Road (near Rest Corner). Kabalagala, Kampala Mobile: +256 779 674727

PIATO

20 Lumumba Avenue. Nakasero, Kampala Tel: (031) 2516388 Mobile: +256 774 348198 Email: info@piatokampala.com

PUNCHLINE BAR & NIGHTCLUB Ggaba Road, Kabalagala

Mobile: +256 772 608808

RED CHILLI HIDEAWAY

Off Port Bell Road. Mbuya, Kampala Tel: (041) 4223903. Mobile: +256 772 509150 /

+256 752 584054

ROCK GARDEN Speke Hotel. Nile Avenue, Kampala Tel: (041) 2592214

SLOW BOAT PUB 2 Kampala Road, Kampala Tel: (041) 4255647

THE MIST BAR Kampala Serena Hotel, Nakasero, Kampala Tel: (031) 2309000 / (041) 4309000 Fax: (041) 4259130

THE PARK SOUARE, SHERATON HOTEL Ternan Avenue.

Nakasero, Kampala Tel: (041) 4344590/6

THE TERRACE BAR (THE BARN STEAKHOUSE)

34 Windsor Crescent. Kololo, Kampala Tel: (031) 2517068 Email: reservations@thebarn. com

THE WINE BAR (FAIRWAY HOTEL & SPA)

1-2 Kafu Road, Nakasero, Kampala Tel: (041) 4259571/2 Fax: (041) 4234160 Email: info@fairwayhotel.co.ug Website: www.fairwayhotel. co.ug

NIGHT CLUBS

ANGE NOIR & ANGE MYSTIOUE 77A 1st Street, Industrial Area, Kampala Tel: (041) 4230190

CLUB AMBIANCE KAMPALA Hoima Road, Mengo, Kampala, Uganda Tel: 256 756 603761

CLUB AMNESIA Kampala, Central region, Tel: +256 776 79 877

CLUB SILK

15 - 17 1st Street, Industrial Area, Kampala Tel: (041) 4345362 / (041) 4250907

EQUATOR LOUNGE Sheraton Hotel, Kampala Tel: (041) 4420000

GUVNOR CLUB 2nd Street. Industrial Area, Kampala

CLUB PLAY Second Street, Kampala



Happy revellers in one of the night clubs in Kampala

Fax: (041) 4257657







CASINOS

KAMPALA CASINO 3 Kimathi Avenue, Kampala First Floor, Pan Africa House, Kampala Tel: (041) 4343628/30

KINGS CASINO 12 Short Tower. Cham Towers, Kampala Road Mobile: +256 714 756665 / +256 772 418483

CASINO SIMBA Kitante Road, Kampala, Uganda Phone: +256 789 930637

MAYFAIR CASINO Kisozi Close off Nakasero Road. Nakasero, Kampala Tel: (041) 4258375 / (041) 4258381 Email: Email: info@

TAI MAHAL HOTEL & CASINO Plot 75 First Street. Industrial Area, Kampala Tel: (041) 7716600. Email: gm@tajmahal.co.ug. Website: www.tajmahal.co.ug

ug.myfrgroup.com

CAESARS PALACE CASINO 17-25 Hannington Road, Block B, Crested Towers, Kampala Tel: +256 774 709237 +256 774 709237.

+256 718 843418

THE PYRAMIDS CASINO AND RESTAURANT 7A, Yusuf Lule Road, Kampala Tel: (041) 4234840/2 Fax: (041) 4343632 Email: pro@audleycas.com. Website: www.pyramids.co.ug



f you're interested in traditional dance and music, try to catch a performance of the Ndere Troupe. It's composed of members of the many ethnic groups in Uganda and has gained international acclaim on world tours. The troupe has a new base in Ntinda, the Ndere Centre, out beyond the Blue Mango, which includes an auditorium, a restaurant-bar

and even some accommodation. Performances take place every Sunday at 18:00 and are inexpensive. Need a Laugh? At dark

Kampala also offers comedy theme nights in clubs and theatres.

There are many comedy outfits that will crack you up with typical Ugandan humor and international humor. A show normally ranges from 10,000 to 30,000 depending on the group and venue. One thing you should be sure for is hurting ribs.







FITNESS CENTRES

HEALTH CLUBS/GYMS

KABIRA COUNTRY CLUB 63 Old Kira Road, Bukoto, Kampala Tel: (031) 2227222-5

KK HEALTH CLUB 3 Commercial Road, Ntinda, Kampala Mobile: +256 772 401703

MOSA COURT APARTMENTS HEALTH CLUB 12 Shimoni Road, Nakasero Tel: (041) 4230321 / 4230292

RM GYM & FITNESS

Ggaba Road, Kansanga (next to IUEA, former Didi's World), Kampala Mobile: +256 704 174280 / +256 704 174275 Email: rmgymandfitness@ yahoo.com Website: www. rmgymandfitness.com

ROYAL SUITES

18-20 Binayomba Road, off Luthuli Avenue, Bugolobi, Kampala Tel: (031) 2263816-9 Fax: (041) 4505818 Mobile: +256 +772 506752 Email: royal@royalsuites.co.ug Website: www.royalsuites.co.ug

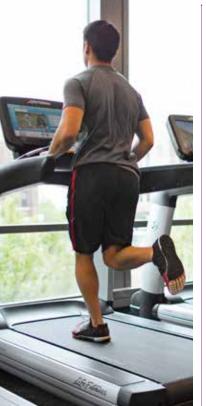
SHERATON HEALTH CLUB (SHERATON KAMPALA HOTEL) Ternan Avenue, Nakasero, Kampala Tel: (041) 4420000 Fax: (041) 4342357 Email: reservation.kampala@ sheraton.com

GOLF

UGANDA GOLF CLUB 30-32 Yusuf Lule Road, Nakasero, Kampala Tel: (041) 4233911 / (041) 4340832. Email: ugagolf@africaonline. co.ug

TENNIS

AMERICAN RECREATION
ASSOCIATION
Makindye Hill Road,
Makindye, Kampala
Tel: (041) 4510290 /
(039) 2767033
Email: ara@africaonline.co.ug



KABIRA COUNTRY CLUB

63 Old Kira Road, Bukoto, Kampala Tel: (031) 2227222/3 Fax: (031) 2227226 Email: kabiracountryclub@ kabiracountryclub.com

KAMPALA CLUB Ternan Avenue, Nakasero, Kampala Tel: (031) 2262180

LUGOGO TENNIS CLUB Lugogo By-Pass

SHERATON HOTEL

Ternan Avenue, Nakasero, Kampala Tel: (041) 4344590-6 Email: sheraton@apolohotel. com

SOCIAL TENNIS, LUGOGO TENNIS CLUB

Lugogo By-Pass (From 8-10am Wednesdays & Fridays) Mobile: +256 712 859957 / +256 772 367655

SWIMMING

DOLPHIN SUITES Princess Anne Drive, Bugolobi, Kampala Tel: (041) 4505652/3/5.

EQUATOR SWIM CLUB Club Coach: Abel Damulira Mobile: +256 772 573 552 Club Secretary: Grainne Burley Mobile: +256 772 787 979 Email: equatorsc@yahoo.com

FAIRWAY HOTEL & SPA 1-2 Kafu Road, Nakasero, Kampala. Tel: (041) 4259571/2 Fax: (041) 4234160 Email: info@fairwayhotel.co.ug. Website: www.fairwayhotel.

GRAND IMPERIAL HOTEL, Nile Avenue, Kampala

Tel: (041) 4250681-8 Fax: (041) 4250606 Email: imperial@starcomco.ug

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KABIRA COUNTRY CLUB 63 Old Kira Road Bukoto, Kampala Tel: (031) 2227222/3 Fax: (031) 2227226 Email: kabiracountryclub@ kabiracountryclub.com.

KIDEPO HEALTH CLUB (Kyoga Outdoor Swimming Pool), Sheraton Kampala Hotel

Tel: (041) 4420000 Fax: (041) 4257657

ROYAL SUITES

18-20 Binayomba Road, off Luthuli Avenue, Bugolobi, Kampala Tel: (031) 2263816-9 Fax: (041) 4505818 Mobile: +256 +772 506752 Email: royal@royalsuites.co.ug. Website: www.royalsuites.co.ug

SHERATON HEALTH CLUB

(Sheraton Kampala Hotel), Ternan Avenue, Nakasero Tel: (041) 4420000 Fax: (041) 4342357 Email: reservation.kampala@ sheraton.com

SPEKE RESORT MUNYONYO

Tel: (041) 4227111 Fax: (031) 2227110 Email: spekeresort@ spekeresort.com. Website: www.spekeresort.com







SQUASH

KABIRA COUNTRY CLUB 63 Old Kira Road Bukoto, Kampala Tel: (031) 2227222/3 Fax: (031) 2227226 Email: kabiracountryclub@ kabiracountryclub.com

KAMPALA CLUB Ternan Avenue Nakasero, Kampala

SHERATON KAMPALA Ternan Avenue, Nakasero, Kampala Tel: (041) 4344590-6 Email: sheraton@apolohotel. com

RUGBY

KAMPALA RUGBY CLUB Rotary Avenue (Off Lugogo by-pass), Kampala Tel: (041) 4222759

KYADONDO RUGBY CLUB Jinja Road, Kampala Mobile: +256 782 982233

CRICKET

LUGOGO STADIUM Mobile: +256 772 728255

YOGA

ACACIA YOGA AND WELL BEING CENTRE

23 Acacia Avenue, Kololo (at Acacia Apartments), Kampala Mobile: +256 772 403 462

Festivals

ANNUAL CALENDAR EVENTS

- Kampala City Carnival
- Uganda Martyrs' day celebration 3rd June
- Blankets and wines
- The Kampala International Film Festival
- Roast & rhyme
- Kampala Rolex festival
- Bayimba international festival of the arts 2017
- MTN Marathon





Restaurants

Kampala restaurants reflect diversity in the way of life in Kampala that has made the city a unique and exciting place to eat. As the capital of Uganda, flavours and traditions from all over the country, as well as the world, have migrated to the city.

Specialty restaurants from different parts of the world offering the finest cuisines; Indian, Chinese, Lebanese, Italian, Turkish, Greek, Mexican, Cuban, Thai, Mediterranean, afro Caribbean, Japanese, Belgian and more. And if you love coffee, you are at the source. As one of the leading coffee producers in the world, our city has some of the finest coffee shops. This wide variety of options makes eating in Kampala a special experience.



estaurants vary from street stand, to family operations to internationally recognise.

Most local restaurants have an attendant who will appear to explain the menu to the customer.

Though influenced by many different cuisines, Kampala has several characteristic dishes. The most famous is the Luwombo, any choice of the sauce prepared by steaming in banana leaves. Served with a variety of foods ranging from plantains, tubers, rice and more. This is mostly served in local restaurants and offer an excellent experience to diners

Kampala is also famous for its on-the-street food stalls. These vendors sell many delicacies ranging from beef skewers, grilled chicken, plantains, Rolex and more. The best place to sample Kampala's street food, from the mundane to the wild, is in the evening in Wandegeya and Kabalaga streets.



AFRICAN CUISINE

2K RESTUARANT

Hoima Road, Kampala Tel: +256 41 4434727 Web: www.2krestaurant.co.ug

KEMBABAZI CATERING CENTER

Plot 85-87, Katalima Rd, Naguru, Kampala Tel: +256 772 418164

CHINESE

FANG FANG CHINESE RESTAURANT

1 Colville Street, Roof Terrace, Communications House, Kampala Tel: (041) 4344806/ (041) 4340067/(031) 2260681 Email: fangfanghotel@yahoo.

SHANGHAI RESTAURANT

Sezibwa Road, Kampala Tel: +256 312261119

NANIING HOTEL

Plot 62B Lugogo, By-pass Road, Kampala Tel: +256 706 266666

CHINA PALACE

3 Pilkington Road, Kampala Tel: (041) 4250888

GOLDEN FISH

Spring Road, Bugolobi, Kampala Tel: (041) 4222040

GREEN TEA HOUSE & RESTAURANT

10 Mabua Road, Kololo, Kampala Mobile: +256 772 712888 / +256 772 861258

NANJING RESTAURANT & MOTEL

15 Impala Avenue, Kololo Tel: +256 (041) 4340928 Fax: (041) 4340926 Mobile: +256 717 588888 Email: lpbluesea@hotmail.com

THE ASIAN FUSION RESTAURANT (FAIRWAY HOTEL & SPA)

1-2 Kafu Road, Nakasero, Kampala Tel: (041) 4259571/2 Fax: (041) 4234160 Email: info@fairwayhotel.co.ug Website: www.fairwayhotel. co.ug

THE SPICE ROUTE RESTAURANT (FAIRWAY HOTEL)

1 Kafu Road, Nakasero, Kampala Tel: (041) 4259571 / (041) 4259572 Fax: (041) 4234160 Email: Info@fairwayhotel.co.ug Website: www.fairwayhotel. co.ug

CONFECTIONARY

GANGAUR SWEETS

3, Cooper Road, Kisementi (Next to Aisha Saloon), Kampala Mobile: +256 711 648424 / +256 776 648424











CONTINENTAL

BISTRO MCHANA LODGE

59A/61A Naguru Drive, Naguru, Kampala Tel: (041) 4595735 Mobile: +256 777 077605 / +256 712 885397 Email: info.bisromlodge@gmail. com

BUBBLES O'LEARY

19 Acacia Avenue, Kololo, Kampala Tel: (031) 2263815 Email: bubblesoleary@dmail.ug

CAFÉ KAWA MUYENGA

Tank Hill Road (next to Wine Garage), Muyenga, Kampala Tel: +256 703 700776 Email: KafeCawaMuyenga@ gmail.com Website: www.facebook.com/ CafeKawa

CASSIA LODGE

Buziga Hill, Kampala Mobile: +256 755 777002

CHAPTER ONE (PROTEA HOTEL)

4 Upper Kololo Terrace, Kololo, Kampala Tel: (031) 2550000 Email: res@proteakla.co.ug Website: www.proteahotels. com/kampala

CHI BAR & RESTAURANT

56 Lumumba Avenue, Nakasero, Kampala Mobile: +256 701 500244 Email: service@chi-boss.com

FASIKA

Ggaba Road, Kabalagala, Kampala Tel: (041) 4510441 Mobile: +256 772 303716

FAZE 2

10 Nakasero Road, Nakasero, Kampala Tel: (039) 2700815 Mobile: +256 772 345808

FEZ BRASSERIE AND WINE BAR (THE EMIN PASHA HOTEL)

27 Akii Bua Road, Nakasero, Kampala Tel: (041) 4236977 Email: info@eminpasha.com Website: www.eminpasha.com

JUST KICKING SPORTS BAR

Bukoto Street , Kampala Tel: (041) 4235134

KABIRA COUNTRY CLUB

Bukoto, Kampala Tel: +256 (031) 2227222-5 Email: kabira@ kabiracountryclub.com

KAMPALA CASINO

1st Floor Pan Africa House, 3 Kimathi Avenue, Kampala Tel: (041) 4343628 / (041) 4343630

MANGO GROVE RESTAURANT

9 Bazarabusa Drive (off Luthuli Avenue), Bugolobi, Kampala Mobile: 0785 227860 / 0752196370, 0774 789782 Email: mangogrove37@yahoo. com

NYANJA RESTAURANT, COMMON WEALTH, SPEKE RESORT

Munyonyo, Kampala Tel: +256 (0414) 227111

PARADISE TERRACE (SHERATON KAMPALA HOTEL)

Ternan Avenue, Nakasero Tel: (041) 4420000 Fax: (041) 4342357 Email: reservation.kampala@ sheraton.com

PIATO

20 Lumumba Avenue, Nakasero, Kampala Tel: (031) 2516388 Mobile: +256 774 348198 Email: info@piatokampala.com

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SAM'S RESTAURANT

78 Kampala Road, Kampala Tel: (041) 4251694 Email: anik@infocom.co.ug

SHAHI DARBAR RESTAURANT

3 Kintu Road (Inside Hotel Ruch), Nakasero, Kampala Tel: (031) 2279374 Mobile: +256 752 895908 Email: jhumka.1@gmail.com

SOHO CAFÉ & GRILL

Course View Towers, Yusuf Lule Road Nakasero, Kampala Tel: (039) 2964011 Website: www.sohocafe.co.ug

SPECTRUM @ LA BONITA

10 Colville Street (above Emirates Airways) at Theatre La Bonita, Kampala Tel: (041) 4259543 Mobile: +256 752 372640

THE BAY

Wavamuno Road, Munyonyo, Kampala Mobile: +256 771 492175

THE BISTRO

15 Cooper Road, Kisementi, Kampala Mobile: +256 757 247876

THE LAKES RESTAURANT

(Kampala Serena Hotel) Tel: (041) 4309000 / (031) 2309000

THE LAWNS

34 Impala Avenue, Kololo, Kampala Tel: (041) 4250337 Email: reservation@thelawns. co.ug

THE PEARL OF AFRICA

(Kampala Serena Hotel), Kampala Tel: (041) 4309000 / (031) 2309000

THE SPACE

26 Acacia Avenue, Kololo, Kampala Mobile: +256 782 748840 Email: thespace2008@yahoo. com

VICTORIA (BREAKFAST ONLY)

Sheraton Kampala Hotel, Nakasero, Kampala Tel: (041) 4420000 / (031) 232483 Fax: (041) 4257657

VILLA KOLOLO

31 Acacia Avenue, Kololo, Kampala Tel: (041) 4500533-4 Mobile: +256 701 098732 Email: aminazgardenplace@ yahoo.co.uk

PYRAMIDS CASINO & RESTAURANT

Plot 7A Yusuf Lule Road, Kampala 7832, Uganda Tel: 0414234840

CAYENNE RESTAURANT AND LOUNGE

1213 Kira Road, Kampala, Uganda Tel: +256 792 200555 (Indian, Italian, Pizza, International)

THE FEZ BRASSERIE AND WINE BAR

Plot 27 Akii Bua Road, Nakasero, Kampala, Uganda (Intercontinental)

7 HILLS REVOLVING RESTAURANT

Plot 64-86 Yusuf Lule Road Golf Course Hotel, Kampala, Uganda (Intercontinental) Tel: 0414563500, 0312302280

PARDISCORNER of Mabua and Philip roads, Kampala, Uganda Plot 5, Cooper Road | Kisementi Shopping Centre, Kampala 2708, Uganda Tel:+256 41 4530661

FA7F 2

Plot No.10, Nakasero Road Kampala, Uganda Tel: +256 772 345808

IL PATIO

Kisozi Close, Kyagwe Rd, Kampala, Uganda Tel: +256 41 4258448





Rolex is a popular delicacy in Uganda which is combination of an omelette and vegetables wrapped within a chapati. The dish is quick to be prepare, and can be taken at any time of the day from breakfast to any other meal time. The word "rolex" comes from the idea that the chapati and the omelette are rolled together.

This Idea originated from a chapati sellers' creativeness at a Uganda University (Makerere University), fueled by students who needed a quick meal because of time and financial limitations.

However, the delicacy soon spread like fire all over Uganda. It is now very Useful food for people who may have time and financial limitations or for people who really enjoy tasty food.

There are other terms related to Rolex like; **Titanic; Two chapatis** and more, making up a Rolex. Kikomando; Chapati cut into slices and mixed with beans. (Kikomando means eating a fast, cheap meal like a commando/war hero or (commando style). It can also mean some one not afraid to get dirty by eating a cheap meal.

Wikipedia, the free encyclopedia

ETHIOPIAN

ETHIOPIAN VILLAGE RESTAURANT AND BAR

Tankhill Road. Kampala, Uganda Tel: +256772623440 Email: info@ ethiopianvillagerestaurant.com (European, Ethiopian, Fast Food)

GOIO ETHIOPIAN BAR & RESTAURANT

Kabalagala, turn left before de Posh Bar, located at Salama Guest House, Kampala, Kampala, Uganda (Ethiopian) Tel: +256774883833

GREEK

ATHINA'S TAVERNA

30 Windsor Crescent, Kololo, Kampala Tel: (041) 4341428/ 0758192744 Fax: (041) 4236089 Email: athina@infocom.co.ug

MYTHOS GREEK TAVERNA AND LOUNGE

INDIAN

HAANDI. (NORTH INDIAN CUISINE)

7 Kampala Road 1st Floor Commercial Plaza Tel: (041) 4346283/4 Fax: (041) 4345257 Mobile: +256755123546 Whatsapp: +256701411221 Email: haandi@infocom.co.ug Website: www.haandirestaurants.com



Kololo, Kampala, Uganda Tel: +256 775 326606



KHYBER PASS, SPEKE HOTEL

KATI KATI RESTAURANT

+256 712 810350

KHANA KHAZANA

Tel: (041) 4233049/

(041) 4347346 Mobile: +256 752 224000/

+256 752 224001

Fax: (041) 4347346

16-18 Lugogo By-Pass, Kampala Mobile: +256 782 048642 /

Email: inquiries@katikatiafrica.

com / katikatiafricaltd@gmail.

Acacia Avenue, Kololo, Kampala

Email: khanakhazanaug@yahoo.

Nile avenue, Kampala Tel: (041) 4259221 Email: spekehotel@spekehotel.

NYANJA RESTAURANT, COMMON WEALTH MUNYONYO

Tel: +256 417 716 000 Email: info@ munyonyocommonwealth.com

OASIS.'THE CLUB HOUSE'

Lugogo Cricket ground, Kampala Mobile: +256 774 434430/ +256 775 947272

OPEN HOUSE

38 Buganda Road (next to Watoto), Nakasero, Kampala Mobile: +256 712578676 Email: openhousekampala@ gmail.com

PAVEMENT SIZZLES & FLAMES

(above Nakumatt Supermarket), Bugolobi, Kampala Mobile: 0758111132/0714111132





SIZZLER'S AND MORE

944 Ggaba Road, Kansanga Mobile: +256 716 222 355 Email: sizzlersandmore@ hotmail.com

THE ASIAN FUSION RESTAURANT (FAIRWAY HOTEL & SPA)

1-2 Kafu Road, Plot 1 Nakasero, Kampala Tel: (041) 4259571/2 Fax: (041) 4234160 Email: info@fairwayhotel.co.ug Website: www.fairwayhotel. co.ug

TOP TREE (FAIRWAY HOTEL)

1 Kafu Road, Nakasero, Tel: (041) 4259571 / 2 Fax: (041) 4234160 Email: Info@fairwayhotel.co.ug. Website: www.fairwayhotel. co.ug

ITALIAN

CAFFE ROMA LUBOWA

Quality Shopping Mall, Lubowa, Kampala Mobile: +256774377880 0774377880 Email: alcopa14@gmail.com/ chrisann.atito@gmail.com

IL PATIO

Kisozi Close (off Nakasero Lane), Nakasero, Kampala, Mayfair Casino, Kyagwe Road Tel: (041) 4258448 Fax: (041) 4347748 Mobile: +256 779 543335 Email: ilpatio@ug.myfrgroup.

MAMBA POINT RESTAURANT

22 Akii Bua Road, Nakasero, Kampala Mobile: +0312563000 / 0701392421

MEDITERRANEO RESTAURANT

(at Villa Kololo) 31 Acacia Avenue, Kololo, Kampala Tel: (041) 4500533-4 Mobile: +256 701 098732 Email: villakololo@gmail.com

PIZZERIA MAMMAMIA, SPEKE HOTEL NILE

Nile Avenue, Kampala Tel: (041) 4259221 Email: spekehotel@spekehotel. com

THE EXPLORER (KAMPALA SERENA HOTEL)

Tel: (041) 4309000 / (031) 2309000 Email: kampala@serena.co.ug

VILLA KOLOLO

31 Acacia Avenue, Kololo Tel: (041) 4500533-4 Mobile: +256 701 098732 Email: aminazgardenplace@ yahoo.co.uk

JAPANESE

KYOTO TURKISH RESTAURANT & PI77A METER

Yusuf Lule Road, Jinja Road, Kampala Mobile: +256 786324088 Email: kyotokampala@gmail. com, hasantortakal@gmail.com

YUJO JAPANESE RESTAURANT

4 Kyadondo Road, Nakasero, Kampala Mobile: +256 794289856

KOREAN

ARIRANG

15A Kyadondo Road, Nakasero, Kampala Tel: (041) 4346 777 Fax: (041) 4348219

MEXICAN

ROMEO'S RESTAURANT NTINDA

Ntinda Bukoto Road, Kampala P.O.Box 26378 Tel: 039 2178654 Email: info@romeos.ug Web: www.romeos.ug

NYAMA CHOMA

THE CARNIVAL RESTAURANT

Plot 26-32 Katalima Cresent, Naguru Hill, Kampala Tel: 0776 111784 Email: reservations@ capitolpalace.ug Web: www.capitolpalace.ug

THE LAWNS WILD GAME & BARBECUE RESTAURANT

Plot 3A, Lower Kololo Terrace Tel: 0778 672223 / 0756712521 Email: reservations@thelawns. co.ug Web: http://www.thelawns. co.ug

CHOMA ZONE BAR AND RESTAURANT

Tel: 0780257120

PIZZA

BELLACASA PIZZERIA

Silver Springs Hotel, Port Bell Road, Bugolobi Mobile: +256 755 553522/ +256 755 553533 Email: reservations@ silverspringshotelug.com

CAFFE ROMA, 689

Muyenga Road, Muyenga Mobile: +256 792 501847 / +256 772 501847 Email: cafferomauganda@ hotmail.com



CAFFE ROMA LUBOWA

Quality Shopping Mall, Lubowa, Kampala Mobile: +256 791 698330 Email: cafferomauganda@ hotmail com

COFFEE AT LAST UNIT H1

(Opposite ARA) Mobutu Road. Makindye, Kampala Mobile: +256 704 263333 / +256 772 524787 / 0758263333 Email: shop@coffeeug.com

IL PATIO, KISOZI CLOSE

(off Nakasero Lane), Nakasero Tel: (041) 4258448 Fax: (041) 4347748 Mobile: +256 779 543335. Email: ilpatio.kampala@gmail.

MEDITERRANEO RESTAURANT

(at Villa Kololo) 31 Acacia Avenue, Kololo,

Tel: (041) 4500533-4 Mobile: +256 701 098732

NEW DELHI RESTAURANT

8 Windsor Loop, Kololo (next to BHC), Kampala Mobile: +256 715 881644 / +256 782 755201 Email: newdelhirestaurant@ vahoo.com

PALM CAFE' PIZZERIA AND BAR

Kabalagala - Muyenga Road (near Rest Corner), Kabalagala, Kampala Mobile: +256 779 674727

RED CHILLI AL FRESCO PIZZA **RESTAURANT**

off Port Bell Road, Mbuya, Kampala Mobile +256 772 509150 Email chilli@infocom.co.ug Website www. redchillihideaway.com

RESTAURANT PIZZA "ITALIA"

Old Port Bell Road, Bugolobi Mobile: +256 772 956882

STEAK HOUSES

ACACIA GRILL (METROPOLE HOTEL)

51/33 Windsor Crescent. Kololo, Kampala Tel: (041) 4391000 Fax: (041) 4391015 Email: metropole@ metropolekampala.com Website: www. metropolekampala.com

THE BARN STEAKHOUSE

34 Windsor Crescent, Kololo, Tel: (031) 2517068 Email: reservations@thebarn.

THE PYRAMIDS CASINO & RESTAURANT

7A Yusuf Lule Road, Nakasero Tel: (041) 4234842

THE CARNIVAL RESTAURANT KAMPAI A

Plot 26-30 Katalima Crescent Tel: +25641 Kampala, Uganda Tel: +256 776 111 784. +256 777 007 207, +256 774 271 952

THAI

THE ORIENTAL SIMPLY THAI (METROPOLE HOTEL)

51/53, Windsor Crescent. Kololo, Kampala Tel: (041) 4391000 Tel: (041) 4391001 / 4500589 Fax: (041) 4391015 Email: gm@metropolekampala. com Website: www. metropolekampala.com

TURKISH

ISTANBUL

Social Security House, Jinja Road, Tel: (041) 4692233 Website: www. istanbulrestaurant.ug

WEST AFRICAN

MAMA ASHANTI RESTAURANT

20 Kyadondo Road, Nakasero, Kampala Mobile: +256 712 006235 / +256 779 153742 Email: info@mamaashanti.co.ug Website: www.mamaashanti. co.ug

FAST FOODS

CAFE JAVAS

Kampala Road Tel: 0414545454, 0414581300 Email: info@cafejavas.co.ug Website: www.cafejavas.co.ug

IAVA HOUSE

Tel: +256 754 870 870 Email: bugolobi@ javacoffeeandtea.ug

KFC

Tel: 0312 532 532 www.kfcuganda.restaurant.ug

BROOD BAKERY

Garden City & Acacia Mall Mobile: +256 792 516266 Email:kampala@brood.nl

OPEN HOUSE

38 Buganda Road (next to KPC). Nakasero, Kampala Mobile: +256 718 421772 / 0414253862 Email: openhousekampala@ gmail.com



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PIZZA INN

Garden City, kampala Tel: (041) 4340840-3

MAMBA POINT

62 Lumumba Avenue, Nakasero Mobile: +256 772 743227 / 0701392421 Email: urbancitybluepointkampala.com

PIZZERIA MAMMAMIA

Speke Hotel, Kampala Tel: (041) 4346340 / 0414259221 Mobile: +256 772 630211

UGANDAN

IBAMBA, UGANDA MUSEUM

5 Kiira Road, Kamwokya, Kampala Tel: (041) 4384884 Email: WinlinksEA@gmail.com

OASIS, 'THE CLUB HOUSE'

Lugogo Cricket Ground, Kampala Mobile: +256 774 434430/ +256 775 947272

OBAMA'S KABALAGALA

142 Ggaba Road (opposite Bell Depot), Kabalagala, Kampala Mobile: +256 772 603723 / +256 715 292390 Email: rugiirwa@hotmail.com

OLIVE GARDEN

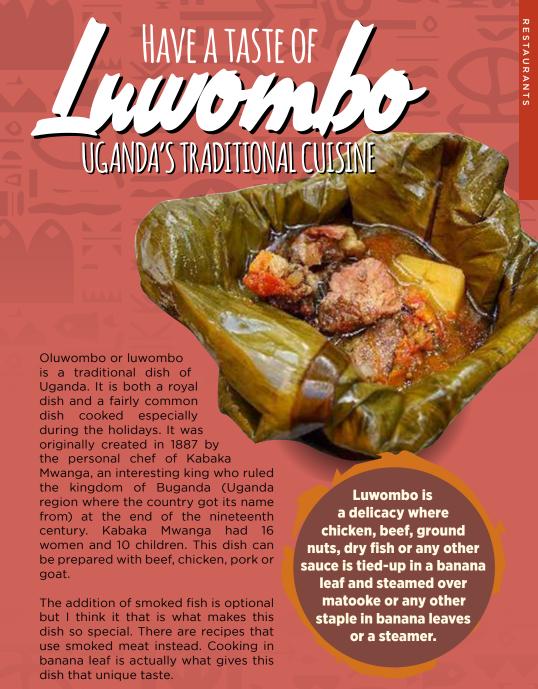
1-3 Luthuli Close, Bugolobi, Kampala Tel: (041) 4222364 / (041) 4505368 Email: olivegarden.hotel.yahoo. com Website: www.olivegardens.biz

ZONE 7

M72, Old Kireka (Kinawataka), Mbuya Road, Mbuya, Kampala Tel: (031) 2108131 Mobile: +256 712 636755 / +256 701 406557 Email: info@zone7.co.ug Website: www.zone7.co.ug

2K RESTUARANT

Hoima Road, Kampala Tel: +256 41 4434727 Web: www.2krestaurant.co.ug



SHOPPING CENTRES

Plenty of modern and 'western' style shops exist in purpose built complexes such as Garden City, Nakkumat, Forest Mall, Lugogo Mall that are designed with richer Ugandans and foreign visitors in mind. They all have the feel and atmosphere of typical western shopping malls, with a mix of supermarkets, luxury goods and fast food outlets.

If you want luxury goods, especially European and American brands, then the following malls are probably your best bet if you like to do all your shopping in one place.

- Garden City Complex
- Quality Supermarket
- Capital Shoppers (Nakasero, Ntinda)
- Uchumi (Kabalaga, Bukoto, Entebbe Road and Bugolobi)
- Nakumatt Oasis Mall
- Shoprite (Lugogo, Entebbe Road)
- Lugogo Mall
- Acacia Mall
- Payless
- Standard Supermarket near old tax park

MARKETS

Kampala's markets are a great place for bargain hunters. If you want to get the best buys available, there is one rule to bear in mind: you have to haggle. Local vendors are notorious for jacking up their prices when dealing with foreign tourists, so haggling is expected. Haggling can save you 20% or more on what you pay.

One of the biggest markets in town is in Nakasero Market this can give an African adventure shopping areas in local markets. Nakasero Market is Kampala's most famous market and is just below Kampala Rd. You can find fresh fruits and vegetable in, it is divided into two areas, one partially covered, where produce is sold, and another located in an attractive old building, where hardware, clothes and even a few tourist items are on sale.



Owino Market

This is the busiest market in Kampala, which sprawls around the Nakivubo Stadium, near the taxi parks. Here you can find all sorts of goods for sale, but it is most popular with travellers for its wide range of second-hand clothes from Europe, Asia and the USA. Bargain hard, as they tend to raise the prices when mzungus (white people) are sniffing around. The name originated from a certain Owiny from Northern Uganda who used to sell roasted cassava. maize and potatoes. The phrase, "Let me go down to Owiny's place" was often heard and so the name became synonymous with the market. You will constantly hear someone calling "Fasi Fasi!" which is Lugandan for 'give way', Walking through the dense maze of alleys filled with noise, congested with people, and packed with anything, and everything, you could want to buy is an experience in its own. Other markets are Usafi and Wandegeya Markets.









SOUVENIRS

As you contemplate buying a kitenge dress, scarf, kikuyu bag, African sandals or perhaps bangles, ear rings and African necklaces? Maybe your preferences are more cow horn saucers, candle stands, wooden mortars or wooden African masks, all of these, and more, can be easily found in Kampala.

In fact, the list of African crafts and souvenirs that can be bought at craft markets in Kampala is endless. Where to buy them is also not a problem while in the city, you will find quality African arts and crafts being sold out at many crafts and souvenirs in shops and malls around Kampala.

Your first stop when craft shopping should always be the craft markets and there are several in and around Kampala city, that sell authentic, good quality African arts and craft

EXPOSURE AFRICA

is a favorite with tourist and Kampalians mainly because of its location. Located in the heart of Kampala city on Buganda Road, this craft market has several stalls that sell all kinds of African crafts and souvenirs. Most stalls in the market sell the same items so the bargaining prowess of the shopper determines the price at which they take those African sandals home.

CRAFT AFRICA

Also on Buganda Road, it has various stalls that sell numerous African crafts like batiks, Masai. Security is taken seriously at both markets as there are guards at the entrance who check everyone that enters. Both markets are open seven days a week from Monday to Sunday and shops open from 8am to 6pm except on Public holidays when they are closed.

UGANDA ARTS AND CRAFTS VILLAGE

on Dewinton Road next to the National Theatre. This craft market is well organised and has a number of retail stalls arranged in a semi-circle that vend different art and crafts plus souvenirs. The clientele is mixed with a fair range of locals, foreigners and tourists. The Uganda Arts and Craft Village craft market also is open from 8pm to 6pm seven days a week except on public holidays.

For those who prefer to shop and buy in malls and shops there are a few sprinkled about town. Popular shops are in 1000 Cups Coffee House Craft Shop on Buganda Road, MishMash Craft Shop on Acacia Avenue and the popular Banana Boat retail store in Kisementi in Kamwokya, Garden City and Lugogo Malls. Shoppers will find prices fixed and higher but you will love the convenience.

















RUBAGA CATHEDRAL

Rubaga Cathedral is a Roman Catholic Church. The huge building was restored for the Pope's visit of Uganda. The church houses the remains of the first African Catholic Bishop and the first African Archbishop of Kampala Diocese, Joseph Kiwanuka.

KABAKA'S LAKE

It located in Ndeeba, between Ring Road and Nabunya Road. This Lake was dug out on the orders of Kabaka Mwanga in the 1880 as an 'escape corridor' to Lake Victoria. This is the largest excavated lake in Africa.

KABAKA'S PALACE & OFFICE (BULANGE) AND THE ROYAL MILE

This interesting attraction consists of two large palaces, (Kabaka's residence and the Buganda Parliament) connected by a straight road measuring exactly a mile.

When walking from Bulange - home to Mengo office, pay attention to the round-about - the straight road in the middle is for Kabaka's use only, as the local superstition says he must not turn a corner on this route. Half-way from the round-about towards Mengo, you will find a large garden on the right-hand side.

Learn the history of Buganda Kingdom and you walk for a mile

from the office of the kingdom to the royal palace where you will explore more attractions like, the Iddi Amin Torture chamber

NDERE TROUP CENTRE

Get treated to authentic Uganda music, dance and drama with exhilarating performance from over 50 tribes in Uganda.

Built on 9 acres of virgin, gently sloping land with mature local, international and fruit trees, the magnificent Ndere Centre provides a picturesque environment that combines serenity with peace and tranquility. For visitors to Kampala, the Ndere Centre is the best bridge between your home and Africa. Enjoy life and make memories as you experience Ugandan culture and cuisine.



ART GALLERIES

In Kampala you will always find something fascinating in terms of African. There many places one can buy or take some lessons from the artisans. The following are some of the galleries around Kampala city that will quench your art thirst.

AFRIART GALLERY LTD

Block 56/57 Keneth Dale Drive (off Kira Road), Kamwokya, Kampala Tel: (041) 4375455 Mobile: +256 712 455555 Website: www.afriartgallery.org

MAKERERE UNIVERSITY ART GALLERY, MARGARET TROWELL SCHOOL OF INDUSTRIAL & FINE ARTS

Mobile: +256 756116751 / +256 776601470

Email: artgallery@sifa.mak.ca.ug

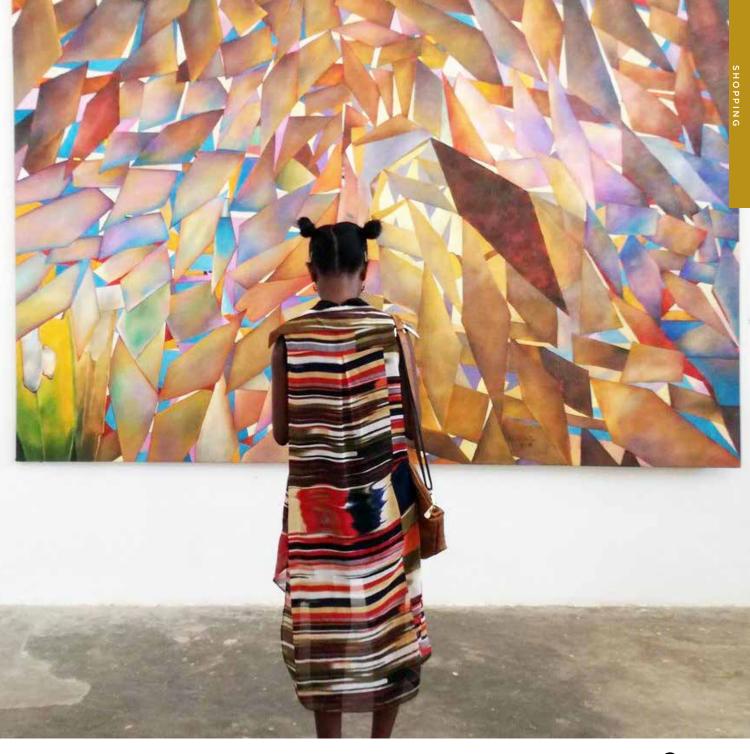
NOMMO GALLERY

4 Victoria Avenue, Nakasero, Kampala Tel: (041) 4234475 Mobile: +256 772 502553 Email: culture@africaonline. co.ug

UMOJA ART GALLERY Plot 85 Kira Road,

Kamwokya, Kampala Mobile: +256 752 878400 / +256 752957865 Email: info@umojaartgallery. com Website: www.umojaartgallery.



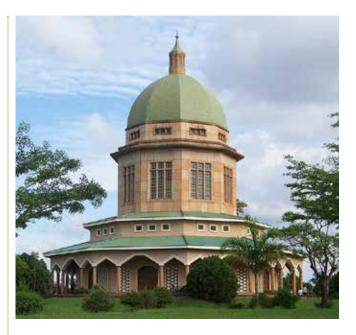


MUSEUMS

Uganda Museum- Established in 1908, the Uganda Museum is one of Africa's foremost historical collections and gives you an evolutionary and ethnic life story of Uganda through the times. The museum displays Uganda's cultural heritage and here you will be able to see the ethnological and naturalhistorical exhibitions. It is a vivid reminder of the country's colourful past. One of its most interesting features is the collection of traditional musical instruments, which you are free to play when you visit.

The Uganda Museum was founded in 1908 in Kampala has exhibits of traditional culture, archeology, history, science, and natural history. It regularly presents performances of traditional music to the tourists.





TEMPLES

BAHAI TEMPLE

Need a break to relax and unwind from the buzz of Kampala? Then head for the Bahai Temple; this is one of Kampala attractions that has been hailed as a wonder of not only Uganda, but of Africa as a whole.

The Bahá'í Temple is located about 7 kilometers from Kampala city center you will be awed and amazed not only by its architectural splendor, but also by the beautiful natural environment in which the temple majestically stands. Perched at the top of Kikaya hill, Bahai temple can be seen from many of Kampala's hills from city's suburbs.

SSDM HINDU TEMPLE

Plot 8 Snay Bin Amir Street, Nakasero Market, Kampala. Tel: (041) 4256036

BAPS TEMPLE

Plot 2/8 Nakivubo Place (opposite Shoprite), Kampala Tel: (041) 4236171

SHREE KUTCH SATSING SWAMINARAYAN TEMPLE

Martin Road, Kampala Tel: (041) 4231334 (Temple Times: 6am to 12:30pm and 4pm to 8pm)

KAMPALA CITY MONUMENTS AND SCULPTURES

Kampala has many free and easy to access monuments that include those in the city center and a few on the outskirts. Don't leave Kamapala without paying homage to these fabulous sculptures the country has to offer. Below is a list of monuments in Kampala.

THE INDEPENDENCE MONUMENT

The Independence Monument, standing majestically at a height of 6 metres, is a must see if you are travelling to Kampala. The monument situated in the heart of the capital between the Sheraton Kampala Hotel, Grand Imperial Hotel and Stan-Chart bank. is one of the most distinctive landmark of Uganda. Uganda's Independence Monument was constructed by former British Colonial Government just before Uganda celebrated its first independence on Tuesday 9th October 1962.

The monument depicts a man unwrapping a child and raising the child to touch the sky. The sculpture signifies a new born country let free from colonialism and bondages. Today with the beautification around the monument, you need to carry your camera for the memorable capture of the sight.



THE STRIDE MONUMENT

Situated between the Uganda Parliament Gardens and Kampala Serena Hotel, the Stride Monument, was built in commemoration of Uganda hosting the Commonwealth Heads of Government Meeting (CHOGM) in 2007 and was unveiled by the Queen of England during the CHOGM summit. The Stride monument is estimated to be the most expensive monument in Uganda with the work of its construction costing the country over Ush150 million.

SIR EDWARD MUTESA II MONUMENT

The Sir Edward Muteesa II Monument is situated next to the Independence monument at the junction of Speke road and Nile Avenue. Overlooking the Post Office Kampala, the monument was built to pay tribute Edward Muteesa II (first president of Uganda) for his invaluable contribution to Uganda's independence.

WORLD WAR MEMORIAL MONUMENT

The World War Monument is reputed to be the oldest monument in Kampala. It was built in 1945 by the British colonial government. The monument standing at the Constitutional Square in Kampala near the fence of the Uganda High Court was built

during the British era in memory of Uganda soldiers who died during the 1st and 2nd world wars. The 5ft monument is also depicted on the front side of the Uganda Shilling Five Thousand note (2010).

THE CENTENARY MONUMENT

The Centenary monument located at the popular Centenary Park in Kampala, along Jinja road and neighbouring Hotel Africana, was erected to commemorate a centenary of Kampala City Council's (the city planning and administrating body) existence and its contribution to social economic development of the city. The 6ft Centenary Monument of a treadmill protected by shields signifies progress. This memorial is also depicted on Twenty Thousand Uganda Shillings note (2010).

EDUCATION MONUMENTS

Most universities and a few colleges in Uganda have got at least a monument (s) symbolizing the role of education. The education monument at Kyambogo University in Kampala depicts three children striving to touch a book.

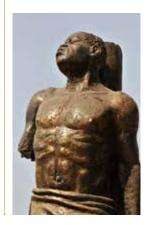
The monument was built in celebration of the 100 years of the education sector in Uganda

THE STATUE OF LEADERSHIP

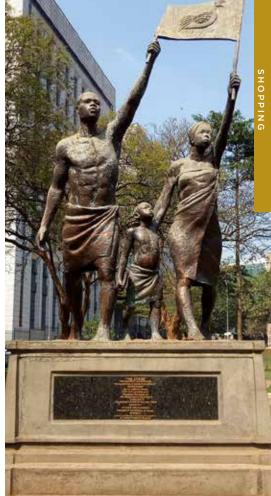
The Statue of Leadership situated outside Amber House (Kampala road) may be

considered as a cerebration of one of Uganda's major milestones - the introduction of electricity. Situated overlooking the Kampala road, the Statue of Leadership sculpture depicts Sir Apollo Michael Kawalya Kaggwa, who is perhaps best known for his vision and foresight in accelerating the kingdom's development.

Those and many more can offer the art lovers a treat and the history of the city.









FUN ATTRACTIONS

WONDER WORLD AMUSEMENT

For a decade, Kampala citizens and visitors have had a weekend experience that can include the whole family. This came about with the introduction of Wonder world Amusement Park in Kansanga.

Before, the few options included taking the family out to a soccer game with programmes like the Totos or Kampala Kids League. The park is huge. It has a movie theatre and a theatre auditorium, which are open any time during the week. The park boast of having East Africa's largest auditorium, although this is debatable. There are over 30 games and slides at Wonder world with children often spoilt for choice.

PARKS AND GREEN GARDENS FOR PUBLIC

- Constitutional Square
- Centenary Park
- Sheraton Hotel Gardens
- CHOGM Gardens
- Clock tower





Camba Sepende Sepende with activities including: Boat cruises, sports fishing, birding and sunset viewing. Technology Techno





HOTELS

AFRICANA HOTEL LTD

2-4 Wampewo Avenue, Kololo Tel: (041) 4777000 Fax: (041) 4348090/1 Mobile: +256 752748080/1 Email: africana@hotelafricana. com Website: www.hotelafricana. com

AFRIQUE SUITES HOTEL

95 Circular Road, Mutungo Hill Tel: (041) 4223385 Fax: (041) 4223386 Mobile: +256 772 469880 Email: info@afriquesuiteshotel. co.ug Website: www. afriqueuiteshotel.co.ug

CASSIA LODGE & RESTAURANT

Buziga Hill, Kampala Mobile: +256 755 777002/4 Email: info@cassialodge.com

CAPITOL PALACE HOTEL

26-32 Katalima Crescent,
Naguru Hill, Naguru, Kampala
Tel: (041) 4289344/5
Mobile: +256 714 000784 /
+256 773 000784
Email: reservations@
capitolpalace.ug
Website: www.capitolpalace.ug

CITY ROYAL RESORT

Plot 8-10 Kataza Close, Opposite Shell Bugolobi, Kampala Tel: (041) 4258037 Mobile: +256 755 919000 / +256 755 919002 Email: cityresortkampala@ yahoo.co.uk/reservations@ cityroyalkampala.com

EXCELLENT HOTEL

Plot 81 Kampala Road, EM Plaza, Kampala Tel: (045) 4436367 / 0704023485 Email: excellenthotelug@ hotmail.com

FAIRWAY HOTEL & SPA

1-2 Kafu Road, Nakasero Tel: (041) 4259571/2. Fax: (041) 4234160 Email: info@fairwayhotel.co.ug Website: www.fairwayhotel. co.ug

FANG FANG HOTEL

9 Ssezibwa Road, Nakasero, Kampala Tel: (041) 4235828/ 4233115 Fax: (041) 4233620 Email: fangfanghotel@yahoo. com Website: www.fangfang.co.ug

GOLF COURSE HOTEL

Plot 64 - 88
Yusuf Lule Road, Kampala
Tel: (041) 4563500 /
(031) 2302280
Fax: (041) 4563591
Email: reservation@
golfcoursehotel.com
Website: www.golfcoursehotel.com

GRAND GLOBAL HOTEL KAMPALA

Tel: (041) 4531836 / 0312516620 Email: manager@ grandglobalhotel.co.ug Website: www. grandglobalhotel.co.ug

ROYAL NEST

Kabakanjagala Road, Rubaga Tel: (041) 4270017 Mobile: +256 775 112559 Email: royalnestinn@gmail.com

GRAND IMPERIAL HOTEL

Nile Avenue, Kampala Tel: (041) 4250681-8 / 0414311048 Email: imperial@starcom.co.ug

HOLIDAY EXPRESS HOTEL

16-18 Luwum Street, Nakasero, Kampala Tel: (0312) 262858-9 / 0414253455 Mobile: +256 772 669218 Fax: (041) 4252665 Website: www. holidayexpresshotel.com

HOTEL DIPLOMATE

Diplomate Road, Tank Hill, Muyenga, Kampala Tel: (041) 4267655 / (041) 4572828 Mobile: +256 712 316086 / +256 701392421 Email: diplomatekampala@ hotmail.com Website: www. diplomatekampala.com



HOTEL RUCH

3 Kintu Road, Kampala Tel: (031) 2210110 Mobile: +256 702 820100/ +256 772 820100 Email: reservations@hotelruch. com Website: www.hotelruch.com

HOTEL TRIANGLE

16 Buganda Road, Kampala Tel: (041) 4231747 / 4233410 Fax: (041) 4231748. Email: reservations@ hoteltriangle.co.ug. Website: www.hoteltriangle. co.ug

HUMURA RESORTS

3 Kitante Close, Kololo Tel: (041) 4700400 / 4700402 Fax: (041) 4235275 Email: reservations@humura. or.ug. Website: www.humura.org

IMPERIAL ROYAL HOTEL

7 Kintu Road, Central Kampala Tel: (041) 7111001 Fax: (041) 7111222 Email: information@irh.co.ug. Website: www.imperialhotel. co.ug

IVY'S HOTEL

Mugalaasi Place, 90/91 Sir Albert Cook Road, Rubaga Wakaliga, Kampala Tel: (041) 4273664 / (031) 2265482 Email: ivys@ivyshotel.co.ug

KABIRA COUNTRY CLUB

63 Old Kira Road, Bukoto, Kampala Tel: (031) 2227222-3 Fax: (031) 2227226 Email: kabiracountryclub@ kabiracountryclub.com

KAMPALA SERENA HOTEL

6-8 Nile Avenue, Nakasero Tel: (041) 4309000 Fax: (041) 4259130 Email: kampala@serena.co.ug Website: www.serenahotels.

LAKE VICTORIA SERENA RESORT

Lweza - Kigo Road (off Entebbe Road) Tel: (041) 7121000 Fax: (041) 7121550 Email: lakevictoria@serena. co.ug

LE PETIT VILLAGE HOTEL

Plot 1278 Quality hill, Ggaba Road, Kampala Tel: (031) 2265530-4 Fax: (041) 4510456 Email: info@lepetitvillage.net Website: www.lepetitvlllage.net

METROPOLE HOTEL KAMPALA

51-53 Windsor Crescent, Kololo, Kampala Tel: (041) 4391000 Fax: (041) 4391015 Email: metropole@ metropolekampala. com / reservations@ metropolekampala.com Website: www. metropolekampala.com

NOB VIEW HOTEL

Commercial Road, Ntinda, Kampala Tel: (041) 4286376 Fax: (041) 4286366 Mobile: +256 774 225584 Email: info@nobviewhotel.com Website: www.nobviewhotel.com



Sheraton Kampala Hotel

Uganda's Business Hotel of Choice



PROTEA HOTEL

4 Upper Kololo Terrace, Kololo, Kampala Tel: (041) 4550000 / (031) 2550000 Fax: (041) 4340762 Email: res@proteakla.co.ug Website: www.proteahotels. com/kampala

ROYAL SUITES

18-20 Binayomba Road, off Luthuli Avenue Bugolobi, Kampala Tel: (031) 2263816-9 Fax: (041) 4505818 Mobile: +256 +772 506752 Email: royal@royalsuites.co.ug Website: www.royalsuites.co.ug

RWIZI ARCH HOTEL

Kansanga Kiwafu Road, Kansanga, Kampala Tel: 0414501081 Mobile: +256 772 684839 / +256 782915164 Email: hotel.rwiziarch@gmail.

SHANGRI-LA NYONYI GARDENS HOTEL AND APARTMENTS

Kololo Hill (next to the Kololo Airstrip), Nyonyi Gardens, Kololo, Kampala Mobile: +256 772 222622 / +256 772 222612 Email: nyonyi@hotel-apartmentuganda.com Website: www.hotelapartment-uganda.com

SHANGRI-I A HOTFI

8-10 Ternan Avenue, Nakasero, Kampala Tel: (041) 4236213 / (031) 2261120 Mobile: +256 772 619755 / +256772222623 Fax: (041) 4236212 Email: hotel@shangri-la.co.ug



Ternan Avenue, Nakasero Tel: (041) 4420000 Fax: (041) 4342357 Email: reservation.kampala@ sheraton.com

SILVER SPRINGS HOTEL

Plot 76 A&B Port Bell Road. Bugolobi, Kampala Tel: (041) 4505976 Fax: (041) 4220030 Mobile: +256 776 790175 / +256 772 604848 Email: silverspringshotel@ yahoo.com

SIR JOSE HOTEL

Ggaba Road, Nsambya, Kampala Mobile: +256 777 077605 / +256 772 500322 Email: sirjosehotel@hotmail. com / donkambale@yahoo. co.uk. Website: www.sirjosehoteluganda.com

SKY HOTEL INTERNATIONAL

1423 Ntinda - Kiwatule (off Naalya Road), Kampala Tel: (041) 4240243 Fax: (041) 4240300 Mobile: +256 772 233314 Email: infoskyhoteluganda.com Website: www.skyhotel.com

SPEKE HOTEL

7-9 Nile Avenue, Kampala Tel: (041) 4235332-5 / (041) 4259221 Fax: (041) 4235345 Email: speke@spekehotel.com

TAI MAHAL HOTEL & CASINO

Plot 75 First Street, Industrial Area, Kampala Tel: (041) 7716600 Email: gm@tajmahal.co.ug Website: www.tajmahal.co.ug

VISITKAMPALA.NET

THE EMIN PASHA HOTEL

Plot 27 Akii Bua Road. Nakasero, Kampala Tel: (031) 2264712/3/4/ (041) 4236977/8/9 Mobile: +256 752 236977/9 Fax: (041) 4236231 Email: info@eminpasha.com Website: www.eminpasha.com

LODGES

CASSIA LODGE & RESTAURANT

Buziga hill Kampala Mobile: +256 755 777002/4 Email: info@cassialodge.com

SPEKE RESORT, MUNYONYO

Tel: (031) 2227111 Email: spekeresortspekeresort. com

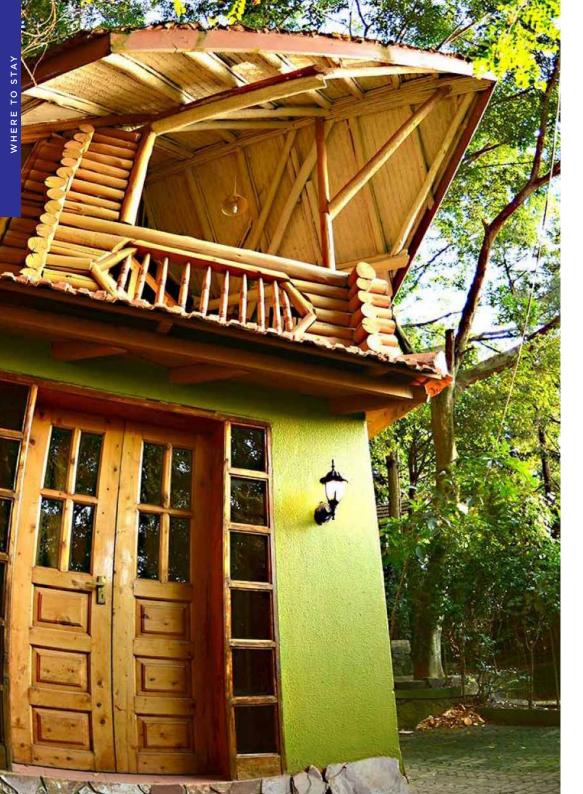
TUHENDE SAFARI LODGE

8 Martin Road, Old Kampala M: +256 772 468360 / +44 (0) 7768056 550 Email: tuhendesafarilodge@ vahoo.com

MOTELS

BEVERLY MOTEL

4214 Buye - Ntinda Kisasi Road, Kampala Mobile: +256 392940443 / +256 702 430819 Email: info@beverlysuites.co.ug Website: www.beverlysuites. co.ug



RESORTS

LAGOON RESORT (KYAGGWE)

25 min boat ride from Munyonyo) Mobile: +256 773 259306 Email: safariuganda@yahoo.de Website: www.ug-lagoonresort. com

COTTAGES

BUZIGA COUNTRY RESORT

Tel: (041) 4268966 / 4267034 Fax: (041) 4269836 Email: info@ buzigacountryresort.com

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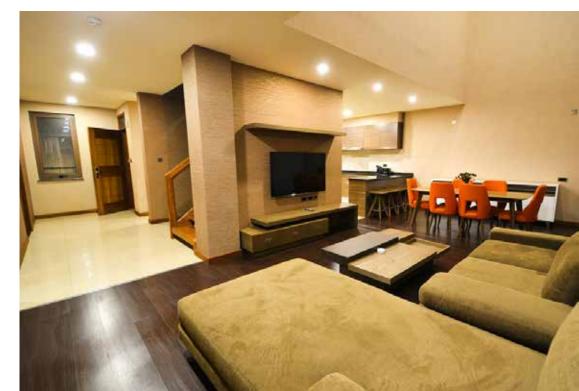
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Plot 1 UAP Insurance Building,, Kimathi Ave, Kampala, Uganda Phone: +256 41 4254796 www.ethiopianairlines.com

EGYPT AIRLINE

Shop No.10 Grand Imperial, Nile Avenue, Kampala, Uganda Phone: +256 41 4341276 / 414233960 www.egyptair.com

RWANDA AIR

www.rwandair.com

Plot 27 Lumumba Avenue, Rwenzori Courts, Ground Floor Lumumba Ave, Kampala, Uganda Phone: +256 41 4344851

KENYA AIRWAYS

P.O Box 6969 Kampala Parliamentary Avenue, Kampala, Uganda Phone: +256 31 2360000 www.kenya-airways.com

DOMESTIC AIRLINES

EAGLE AIR

Adam House, Plot 11 Portal Avenue, P.O. Box 7392, Kampala Tel: +256 (0)41 4344292/ 4232185 www.flyeagleuganda.com

UNITED AIRLINES

Pan Africa House, Kimathi Avenue, Below Kampala Casino, 24600, Kampala, Uganda Phone: +256 41 349841, +256 41 349842

Event Services

gives Event management companies to help you have and create successful events Services listings of compa- nies related to putting on an event. Kampala has some of the region's most professional event services companies, ensuring your event runs smoothly and leaves along-lasting memory. Listings include services such as caterers and corporate entertainment, plus destination and event management companies and professional conference organisers. This section can help make your client's trip and event an outstanding success.

AUDIO-VISUAL, PRODUC TION AND EVENT MANAGEMENT

EVENTS WAREHOUSE

Kiwafu Road, Kansanga Tel: +256 (0)414 250260 Email: info@eventsware- house. biz Web: www.eventsware- house. biz

THE FENON EVENTS COMPANY

Second Street, Industrial Area, Kampala, Industrial Area, Kampala Tel: +256(0)414259067 Cell: +256(0)772322420 Email: info@fenonrecords.com Web: www.fenonrecords.com

SILK EVENTS

Plot 132 Spring Road Bugolobi, Kampala Tel: +256(0)414 259732 Email: silk@silkevents.co.ug Web: www.silevents.co.ug

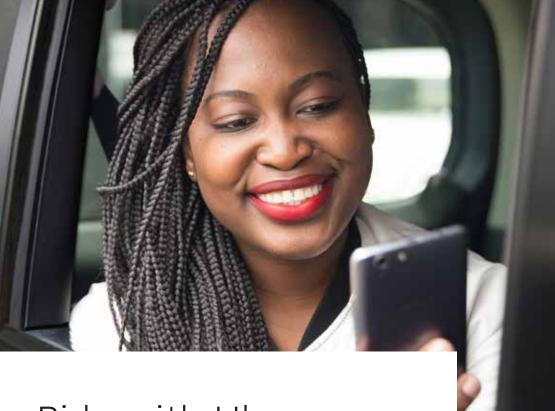
EXECUTIVE EVENTS

Suite 2, Lower Ground Serena Conference Center Tel: 0312 296650 / 0752555770 / 0782344711 Email: info@executiveeventsuganda.com Web: www. executiveeventsuganda.com

FOTOGENIX LTD

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UBER SERVICES

YELLOW TAXI

Plot 104 Bukoto Street Kampala, 71356, Uganda Phone: +25678-2704402

BLUE CRUISE

Plot: 55B Upper Kololo Terrace Kampala, 11180, Uganda Phone: 0414574894 Website: www.blucruise.com

FRIENDSHIP TAXI LTD

Plot 880, Heritage House, Nsambya Phone: +256206666888/ 779445464 Email: friendshiptaxi@163.com



SILVER FLEET

Unit 7, Plot 1-3 Coral Crescent, Kololo (Off Lower Kololo Terrace), Kampala, Uganda Tel: 0414696283 0794241645

OUICK TAXI

CompanyKiwafu road P.O. Box 5864 Kampala, Uganda Phone: (0) 2200 999 908 Email: info@quicktaxi.ug

BOAT CRUISES

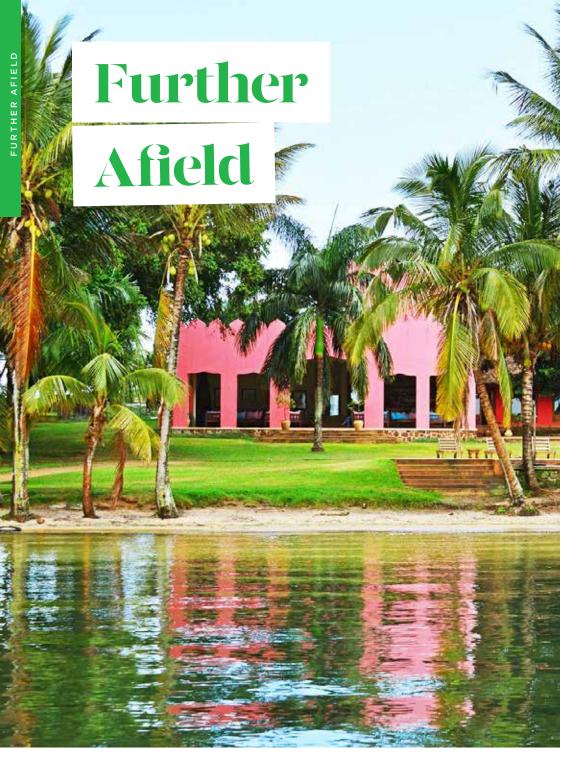
WILD FRONTIERS UGANDA

P.O.Box 619 Entebbe, Uganda Tel:+256 (0)414 321479 24 hour emergency number: +256 (0)772 721479 Mobile:+256 (0)772 502155 Fax:+256 (0)414 321479 email: info@wildfrontiers.co.ug

EARTHWISE FERRIES UGANDA

Earthwise Ferries Uganda P.O. Box 2782, Kampala Plot 50, Kirombe, Luzira -Butabika Road, Luzira, Kampala Phone: 0772 827310 Website: www.earthwiseferries.com

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With so much to see and do in Kampala it is hard to tear yourself away from the funpacked and heritage city, it's really the heart of things stunning nightlife, history, cultural and religious attractions plus the hos-pitable Kampalans. However, for those looking to go further afield Kampala is the perfect base for exploring the nearby natural attractions and discover the delights offered just a few minutes out of the City.

From the dense forests, pristine white sand beaches of Lake Victoria islands, to the lush greenness, Kampala offers convenience for planning a day trip, a weekend to unwind and get back to work refreshed in the city.

CITY ESCAPES/ BULAGO AND NGAMBA ISLANDS

Unwind and explore the islands and there unique combination of tropical and sparkling waters of Lake Victoria. A trip to the isands could include visits to the chimpanzee sanctuary and a rear primate feeding session with the graceful animals, Bulago will offer you relaxing nature walks and an exquisite stay at Pineapple Bay resort offering sunset boat cruises, fishing expedition and more. All this is 45 minutes of cruising from Kampala. For booking contact, www.wild-placesafrica. com and www. ngambaisland. com.

OTHER ATTRACTIONS

ENTEBBE ZOO

Also location on the edge of Lake Victoria, a 40 minutes drive to Entebbe will unveil Uganda Wildlife Education Centre (UWEC) with its rich veg- etation and its surprisingly wide range of birds, butterflies and other indigenous animals that make it an attractive venue for education and a window to the countries wildlife. For more infor- mation and booking visit http://uweczoo.org.

ENTEBBE BOTANICAL BEACH

The beautifully landscaped botanical Garden Entebbe, established in 1901, lie on the shores of Africa's greatest lake. They offer a superb introduction to Ugandan birds and are

situated conveniently close to the capital and international airport. The gardens host a variety of open country and woodland species and you can easily spend a pleasant couple of hours here Source of the Nile East of Kampala is Jinja and you will discover the source of the Nile, with top activities including scenic viewing, boat rides, rafting. Explore the beauty and the facts of the longest river in Africa

MABIRA FOREST-UGANDA

If you enjoy the green rain forests, only 54 km from Kampala, Mabira Forest will offer over 200 kinds of tree species, 300 species of mostly tree birds. Enjoy the peaceful na- ture walls that are can be punctu- ated with streams and a peaceful waterfall.







ALGERIAN EMBASSY IN KAMPALA, UGANDA Plot 14 Acacia, Avenue Kololo P.O. Box 4025 Kampala Tel: +256 41 232 689, +256 41 232 918, +256414232918 Fax: 256 41 341 015 Email: ambalgka@imul.com



AUSTRIAN CONSULATE IN KAMPALA, UGANDA Plot No. 6, Hill Lane, Kololo, Kampala P.O. Box 11273 Kampala, Uganda Phone: (+256) 41-235-796 Email: wipfler@infocom.co.ug Office Hours: Monday to Friday 8.30 a.m to 1.00 p.m



BELGIAN EMBASSY IN
KAMPALA, UGANDA
Plot 1 Rwenzori Tower (6th
Floor, Wing B) Lumumba
Avenue
P.O. Box 7043 Kampala
City: Kampala
Phone: + (256) (0)414 349 559
+ (256) (0)414 349 570
Fax: + (256) (0)414 347 212
Website: http://www.
diplomatie.be/kampala
Email: Kampala@diplobel.
org,coop.kla@diplobel.org
Office Hours: Monday to

Thursday 9 a.m to 1 p.m and 2 p.m to 4 Pm Friday 9 a.m to 1 p.m Visa section: Monday to Friday 10 a.m to 12 a.m



CHINESE EMBASSY IN KAMPALA, UGANDA Plot 37. Malcolm X Avenue. Kololo, Kampala, Uganda P.O. Box 4106 Kampala Phone: 00256-41-2-259881 Fax: 00256-41-2-235087 Website: http://ug.chinaembassy.org/eng Email: chinaemb ug@mfa. gov.cn



EMBASSY OF JAPAN IN UGANDA Plot 8, Kyadondo Road, Nakaseo, Kampala, P.O. Box 23553 Kampala, Uganda Tel: (+256) (0) 414 349 542 / 3 /4 Fax: (+256) (0) 414 349 547 Email: jembassy@jembassy. or.ug / jp-embassy@kp.mofa. go.jp Office hours: Monday - Friday: (Excluding holidays) 08:30 -12:30 / 13:30 - 17:15 Visa reception: Monday - Friday: (Excluding holidays) 09:00 -12:00 / 14:00 - 16:00 Web: Diplomatic Mission of Japan in Uganda



UGANDA Plot 10, Prince Charles Drive Kololo, Kampala P.O. Box. 5885 Kampala Tel: (+256) (0) 414 343 424 Fax: (+256) (0) 414 250 224 Office hours: Monday - Friday:

9:00 - 12:30 / 14:30 - 16:30

NORTH KOREAN EMBASSY IN



PAKISTANI CONSULATE IN **UGANDA** Katatumba Suites, Plot 2 Colville Street P.O. Box 6968 Kampala Tel: (+256) (0) 414 342 913 / 236 441 Fax: (+256) (0) 414 255 288 Email: pakconsuluga@hotmail. com / boneykatatumba@ hotmail.com



CUBAN EMBASSY IN KAMPALA. UGANDA K.A.R. Drive Plot 10. Kampala, Uganda P.O.BOX 9226 Kampala Phone: (256-41) 23 3742 Fax: (256-41) 23 3320 Email: ecuba@africaonline.co.ug



CYPRUS CONSULATE IN KAMPALA, UGANDA Plot M289 Ntinda, Industrial Area P.O. Box 27198 Kampala, Uganda Phone: +256 414 286961 Mob. +256 772 400935 Fax: +256 414 286960 Email: glc@imul.com,glc@ utlonline.co.ug info@greatlakescoffee.co.ug



DANISH EMBASSY IN KAMPALA, **UGANDA** Plot 3, Lumumba Avenue P.O. Box 11243 Kampala Phone: +256 (0) 31 2 263 211 Fax: +256 (0) 31 2 264 624 Website: http://www. ambkampala.um.dk Email: kmtamb@um.dk



EGYPTIAN EMBASSY IN KAMPALA, UGANDA 33 Kololo Hill Drive, Kampala P.O. Box 4280 Kampala Phone: (+256) 41345152 -41254525 Fax: (+256 41) 232103 Email: egyembug@utlonline. co.ug Office hours: Monday - Friday: 09.00 - 16.00





ETHIOPIAN EMBASSY IN KAMPALA, UGANDA Off Kira Road, Plot No. 3L (Near Rwanda High Commission) Nakasero P.O. Box 7745 Kampala Phone: (+256) 414348340 Fax: (+256) 414341885 Email: ethiokam@utlonline. co.ug



EMBASSY OF BURUNDI IN UGANDA Hannington Road. Plot No. 16, Kololo Road P.O.Box 29214 Kampala Tel: (+256) (0) 414 235 850 Email: mbabukpl@utlonline. co.ug Office hours: Monday - Friday: 08:30 - 17:30 Visa: 08:30 - 11:00



EMBASSY OF LIBYA IN UGANDA Plot 26, Kololo Hill Drive, Kampala P.O. Box 6079 Kampala Tel: (+256) (0) 414 344 924 / 5/6/7 Fax: (+256) (0) 414 344 969 / 237 / +256 4147700700 Email: l.a.p.b.@utlonline.co.ug Office hours: Monday -Thursday: 8:30 - 15:00 / Friday 8:00 - 12.00



EMBASSY OF SOMALIA IN UGANDA Plot 16 Nile Avenue, Shimon Road Tel: (+256) 775 493 929 Email: sayidka50@yahoo.com Office hours: Monday - Friday: 8:30 - 16:00



EMBASSY OF SOUTHERN SUDAN IN UGANDA Plot 2 Sezibwa Road, Nakasero P.O. Box 25664, Kamapala Tel: (+256) 414230272 Office hours: 09:00 - 13:00 / 14:00 - 17:00

CONSULATES & EMBASSIES



EMBASSY OF SUDAN IN UGANDA Plot 21 Nakasero Road, P.O. Box 3200 Kampala Tel: (+256) (0) 414 230 001 / (+256) (0) 414 346 583 Fax: (+256) (0) 414 346 573 Email: sudanikampala@ africaonline.co.ug Office hours: Monday -Thursday: 8:30 - 16:00 / Friday: 8:30 - 13:00 Visas: Tuesday and Thursday 10:00

CONSULATES & EMBASSIES

IRANIAN EMBASSY IN UGANDA Plot No. 8, Hill Lane, Kololo, Kampala P.O. Box 24529 Kampala Tel: (+256) (0) 414 505 886 / (+256) (0) 414 505 727 Fax: (+256) (0) 414 505 885 Email: iranemb@infocom.co.ug / iranemb@ut2 Office hrs: Monday - Friday: 08:30 - 17:00



EMBASSY OF SAHRAWI ARAB REPUBLIC IN UGANDA Plot 22, Ntinda Muwafu Curve, Kampala P.O. Box 7056 Kampala Tel: (+256) (0) 312 299 456



NIGERIAN HIGH COMMISSION IN UGANDA 33 Nakasero Road, Kampala P.O. Box 4338 Kampala Tel: (+256) (0) 414 233 691 / (+256) (0) 414 233 692 Fax: (+256) (0) 414 232 543 Email: nighicom-sgu@ africaonline.co.ug Office hours: Monday - Friday: 09:00 - 17:00



EMBASSY OF CONGO (DEMOCRATIC REPUBLIC) IN UGANDA 20, Philip Road Kololo P.O. Box 4972 Kampala Tel: (+256) (0) 414 250 099 / (+256) (0) 312 282 321 Fax: (+256) (0) 414 230 610 Email: amba_rdc_kla@yahoo.fr Office hours: Monday - Friday: 09:00 - 14:00



FRENCH EMBASSY IN KAMPALA, UGANDA Lumumba Avenue, 16 - Nakasero P.O. Box 7212 Kampala Phone: [256] (414) 30 45 00 Fax: [256] (414) 30 45 00 Email: ambafrance.kampala@ diplomatie.gov.fr



GERMAN EMBASSY IN
KAMPALA, UGANDA
Plot 15, Philip Road, Kololo
P.O. Box 7016 Kampala
Phone: 256 41 50 11 11
Fax: 256 41776100
Website: http://www.kampala.
diplo.de/
Email: info@kampala.diplo.de
Office Hours: Monday and
Friday 08.00 14.00 Tuesday to
Thursday 08.00 17.00



GREEK CONSULATE IN KAMPALA, UGANDA Ntinda Industrial, Mukalazi Road, Plot M289 P.O. Box 27198, Kampala Phone: (00256414) 286961 Fax: (00256414) 286960



GREENLANDIC EMBASSY IN KAMPALA, UGANDA
Royal Danish Embassy in Uganda
Plot 3, Lumumba Avenue
P.O. Box 11243 Kampala
Phone: +256 (0) 312 263 211
Fax: +256 (0) 312 264 624
Website: http://www.
ambkampala.um.dk
Email: kmtamb@um.dk
Office Hours: Monday Thursday: 8:00 am to 4:00 pm
Friday: 8:00 am to 2:00 pm



HUNGARIAN CONSULATE IN KAMPALA, UGANDA P. O. Box 1350, Kampala, Uganda Phone: 41-505-662/4/5/6, 757-577-77 (mobil) Fax: 41-505-663 Email: hungconsul@ spearmotors.co.ug



INDIAN CONSULATE IN
KAMPALA, UGANDA
Plot 11, Kyadondo Road,
Nakasero
PO Box 7040 Kampala
Phone: 00-256-41-4257368,
4344631
Fax: 00-256-41-4254943
Email: hoc_kampala@mea.
gov.in
Email: hc_kampala@mea.gov.in



INDONESIAN CONSULATE IN KAMPALA, UGANDA Grams Casaments P.O.BOX 4641, Kampala, Uganda Phone: (256) 234-000, 234-001, 233-577, 233-612 Fax: (256) 234-301, 245-271 Email: indonesia.uganda@alam_group.com Email: oa_gmd@alam-group.com



IRISH EMBASSY IN KAMPALA, UGANDA 25 Yusuf Lule Road P.O. Box 7791 Kampala Phone: + 256 41 7713000 Website: http://www. embassyofireland.ug Email: kampalaembassy@dfa.ie Office Hours: Monday -Thursday 10a.m. - 12p.m. & 2p.m. - 4p.m. Friday 10a.m. - 12p.m



ITALIAN EMBASSY IN KAMPALA, UGANDA 11, Lourdel Road, Kampala P.O. Box 4646, Kampala Phone: 0312 188000 / 0312188001 Fax: 0312188004 Website: http://www. ambkampala.esteri.it/ Ambasciata_Kampala/ Email: consolare.kampala@ esteri.it



HIGH COMMISSION OF THE REPUBLIC OF KENYA IN KAMPALA, UGANDA Corner Acacia Ave/Lower Kololo Terrace, Kampala Phone: 006-41-258232/5/6 Fax: 006 41 258239 Email: kenyaahicom@ africaonline.co.ug



ROYAL EMBASSY OF

NETHERLANDS IN KAMPALA, UGANDA Plot 2, Nakasero Road, Kampala P.O. Box 7728 Kampala, Uganda Phone: + 256 41 346000 Fax: + 256 41 231861 Website: http://www.mfa.nl/ kam-en/ Email: kam@minbuza.nl Office Hours: Monday - Friday 08.00 - 12.30 hrs 13.15 - 17.00 hrs Office hours Visa and pasports Monday - Friday 08.30 - 12.00 hrs Office hours Fellowship Monday -Wednesday 13.00 - 15.00 hrs CONSULATES & EMBASSIES



ROYAL NORWEGIAN EMBASSY IN KAMPALA, UGANDA Plot 18B Akii-Bua Road, Nakasero P.O. Box 22770 Kampala Phone: +256 417 11 20 00 Fax: +256 41 4343936 Website: http://www.norway. go.ug/ Email: emb.kampala@mfa.no Office Hours: The Embassy opening hours: Monday -Thusday, 07:30 - 15:30. Friday, 07:30 - 13.00



POLISH CONSULATE IN KAMPALA, UGANDA PO Box 7103 Kampala Phone: +256.41.346.048 Fax: +256772774876 Email: ekamuntu@mtti.go.ug, ekamuntu@parliament.go.ug



CONSULATE OF SWITZERLAND IN UGANDA Switzerland only maintains a consulate (an honorary Consul) in Kampala. Plot 6, Archer Road Kololo P.O. Box 8769 Kampala, Uganda Tel: (+256) (0) 414 233 854 Email: kampala@honrep.ch See website for Swiss Diplomatic Mission in Nairobi, Kenya



ICELANDIC EMBASSY IN
KAMPALA, UGANDA
Plot 3, Lumumba Avenue,
Nakasero, Kampala
P.O. Box 7177 Kampala
Tel: (+256) (0)414 230 984 / 992
Fax: (+256) (0)414 341 079
Email: uganda@mfa.is
Office hours: Monday - Friday;
09:00 - 16:00



AUSTRALIAN CONSULATE. KAMPALA, UGANDA The Australian Consulate in Kampala can provide basic consular assistance to Australians in Uganda. The Australian High Commission in Kenya provides full consular assistance to Australians in Uganda. Plot 62 Acacia Avenue, Kololo, Kampala P.O. Box 9421, Nairobi, Kenya Tel: (+256 31) 2515 865 Fax: 0393515665 Email: australianconsulate@ infocom.co.ug Email: australianconsulate@ gmail.com



CONSULATE OF SERBIA IN UGANDA
Plot 1 Bandali Pise Bugold

Plot 1, Bandali Rise, Bugolobi, Tel: (+256) (0) 414 232 858 / (+256) (0) 414 235 733 Fax: (+256) (0) 414 235 732 Email: consulate@nca.co.ug



RUSSIAN EMBASSY IN KAMPALA, UGANDA Plot 28, Malcolm X Avenue P.O.Box 7022 Kampala Phone: +256 41 4 345-698 Email: russemb@utlonline.co.ug Email: kampala@dks.ru Office Hours: Monday-Friday 8.00 a.m.-5.00 p.m



RWANDAN EMBASSY IN KAMPALA, UGANDA Nakaima Road No. 2 P.O.Box 2468 Kampala Fax: +256414258547 Email: rwanda@swiftuganda. com Email: ambkampala@minaffet. gov.rw



SAUDI ARABIAN EMBASSY IN KAMPALA, UGANDA Plot 3 Okurut Close, Kololo P.O. Box 22558 Kampala Phone: +256-41-340614 / +256-41-340616

Fax: +256-41-254017 Email: ugemb@mofa.gov.sa Email: resakla@utlonline.co.ug



SEYCHELLES CONSULATE IN KAMPALA, UGANDA Plot 45, Nakasero Road P.O. Box 9566, Kampala, Uganda Phone: +256 41344123, +256 312244100, +256 414244100 Fax: [256 41] 34 99 54 Email: ekaruhanga@kaadvocates.co.ug



SOUTH AFRICAN HIGH COMMISSION 15A Nakasero Road, Kampala P O Box 22667 Kampala Phone: + 256 41 770 2100 Email: kampala.sahc@foreign. gov.za



SPANISH CONSULATE IN KAMPALA, UGANDA 27 Baskerville Kololo, Kampala Phone: +256-41-342372 / +256752696500 Email: nellyruiz2001@infocom. co.ug Email: nellyruiz2001@yahoo.



com

EMBASSY OF SWEDEN IN UGANDA

24, Lumumba Avenue
Nakasero, Kampala
P.O. Box 22669
Kampala, Uganda
Tel: (+256) (0) 417 700 800/802
Migration affairs:
(+256) (0) 417 700 805
Fax: (+256) (0) 417 700 801
Email: ambassaden.kampala@
foreign.ministry.se
Office hours: Monday Thursday: 08:00 - 16:30 /
Friday: 08:00 - 13:30
Web: Swedish Diplomatic
Mission in Uganda



TANZANIAN EMBASSY IN KAMPALA, UGANDA 6 Kagera Road P. O. Box 5750 Kampala, Uganda Phone: (41) 257357, 242815, 256272 Phone: (+256-41) 256272 /

Phone: (+256-41) 2562/2 / 257357 / 342306 Fax: +256-41-343973 / +256-41-075-787838

Email: tzrepkla@imul.com



THAILAND CONSULATE IN KAMPALA, UGANDA Consulate of Thailand in Uganda Plot 10, Kalitunsi Road, Bugolobi Phone: +256-41-232176



MEXICAN CONSULATE IN UGANDA Plot 86/90, 5th Street Industrial Area, Kampala P.O. Box 4641 Kampala Tel: (+256) (0) 414 231 000 /1 Fax: (+256) (0) 414 234 301 Email: pa.gmd@alam-group. com



APOSTOLIC NUNCIATURE (EMBASSY OF THE HOLY SEE - VATICAN CITY) IN UGANDA Chwa II Road, Mbuya Hill, P.O. Box 7177 Kampala. Tel: (+256) (0)414 505 619 Fax: (+256) (0)414 221 774 Email: nuntius@imul.com Office hours: Monday - Friday; 09.00 - 13.00 / 15.00 -17.00 Saturday: 09.00 - 13.00



TURKISH EMBASSY IN UGANDA Plot 9 Elgon Terrace, Kololo, Kampala P.O. Box 34718 Kampala Tel: (+256) (0) 414 500 182 Fax:(+256) (0) 414 500 182 Email: embassy.kampala@mfa. gov.tr Office hours: Monday - Friday; 09:00 - 13:00 / 14:00 - 17:00 Web: Turkish Diplomatic Mission in Uganda



FINNISH CONSULATE IN UGANDA Plot 24 A Golf Course Road, Kololo, Kampala Tel: (+256) (0) 414 500 969 Fax: (+256) (0) 414 500 964 Office hours: Monday -Friday: 12:00 - 15:00 for visa applications



GREETINGS & OTHER CIVILITIES

Good morning	Wasuze otya nno? (literally 'how was your night?')
Good afternoon	Osiibye otya nno? (literally, 'how was your day?')
Good evening	Osiibye otya nno?(The one asked responds with "Bulungi" (i.e. 'fine') and repeats the inquiry)
Hi? (informal)	
How are you?	Oli otya?
I am OK	Gyendi
Have a nice day	Siiba bulungi
Good night	Sula bulungi (on retiring)
Farewell (to one person)	Weeraba
Farewell (to several people)	Mweraba
Welcome (to one person)	Tukusanyukidde
Welcome (to several people)	Tubasanyukidde
See you later	Tunaalabagana
Please	Mwattu \MATT!
Please shut the door	Mwattu ggalawo oluggi
Please clean my room	Mwattu longoosa ekisenge kyange
Please come in	Mwattu yingira
Please sit down	Mwattu tuula wansi
Thank you	Weebale
You are welcome	Kale
Excuse me (to get attention)	Owange
I'm sorry (apology)	Nsonyiwa

FORMS OF ADDRESS

It is considered polite to show respect to older people regardless of their station in life. Respectful forms of address should be used when addressing superiors.

Sir	Ssebo	
Madam	Nnyabo	
Mr	Mwami	
Mrs	Mukyala	

OTHER USEFUL PHRASES

Look!	Laba!
Listen!	Wulira!
l am ready	Nneetegese
Slow down!	Genda mpola!
Hurry up!	Yanguwa!
Come here	Jangu wano
Watch out!	Wegendereze!
Help me	Nnyamba
It is possible	Kisoboka
It is not possible	Tekisoboka
I forgot	Neerabidde
It is important	Kikulu
It is not important	Si kikulu
What is the time?	Saawa mmeka?
Where are you going?	Ogenda wa?
What is that?	Ekyo kiki?
Can I take a photo (of you)?	Nsobola okukuba ekifananyi?
Can I take a photo (of that)?	Ekyo nsobola okukikuba ekifananyi?
Do you live here?	Obeera wano?
It doesn't matter	Ssi kigambo / Tofaayo

Events Calendar for 2017/18

EVENT TITTLE	PROPOSED DATES
Kabaka's Birth Day Run	April
Uganda Marty's Day	June
Uganda Film Festival	August
Kampala Art Biennale	September/October
Kampala City Festival	October
MTN Marathon	November 🕌
Pearl Of Africa Tourism Expo (POAT)	February
Laba! Art Festival	June
Bayimba International Festival	September
IAAF World Cross Country Championship	March
Kampala Adventure Cycling	August
Kampala Colour Fun Run	Quarterly
Blanket and Wine	3 times a year
Amakula Film Festival	March
Oktoberfest Kampala	October
Tokosa Food Expo	May
Rolex Festival	August
Nile Jazz Safari	April
Uganda Manufactures Expo (UMA Show)	October
Roast and Rhymes	3 times a year
The Back Yard Gardeners Show	July

Abryanz Style and Fashion Show

July

December



KCCA(Kampala Capital City Authority)

P.O. Box 7010, Kampala, Uganda Plot 1 - 3 Sir Apollo Kaggwa road Tel: 0414581294/0204660000 Toll free line: 08000990000 Web: www.kcca.go.ug Email: info@kcca.go.ug F: facebook.com/kccaug T: @kccug

Central Police Station

City Square Road, Behind Mabiriizi Complex Kampala, Uganda Tel: 0800122291/0714667772 Emergency: 999/112 Email: info@upf.go.ug Web: www.upf.go.ug

Ministry of Tourism

Plot 6 Nakasero road, Kampala, Uganda P.O. Box 4241, Kampala Tel: 0414561700 Email: info@tourism.go.ug

Uganda Tourism Board

Lugogo House, Plot 42, Lugogo Bypass, Kampala, Uganda Tel: 0414342196/7 Email: utb@utb.go.ug Web: www.visituganda.com

Uganda Tourism Association

Email: info@ugandatourismassociation.org Web: ugandatourismassociation.org

Uganda Wildlife Educational Centre

Plot 56/7 Lugard Avenue, Entebbe Tel: 0414320520 Email: info@uwec.ug Web: uwec.ug

Uganda Wildlife Authority

Plot 7 Kiira Road, Kamwokya P.O. Box 3530, Kampala, Uganda Tel: 0414355000 Email: info@ugandawildlife.org Web: www.ugandawildlife.org



VISITKAMPALA.NET



